



# Day Treatment Services: SPARK Teen Mentoring Program

Are you looking for support for your 13-17 year old? Does your child need help thinking about their lives, processing information, and resolving feelings?

## Program Description:

Days and Hours of Operation: Services will be offered year around including spring break, summer, and national holidays, Monday through Friday 2:00p.m. until 7:00p.m.

Offers practical behavioral health advice and support for both caregivers and children.

Works with children ages 13-17 need help thinking about their lives, processing information, and resolving feelings.

Meals and snacks will be provided each day.

**Transportation:**  
Children will be picked up from their school and dropped off at home each day.

## Teen Guidance can help.

The Speaking to the Potential, Ability, and Resilience inside every Kid (SPARK) Curricula is a mentoring curriculum designed to reduce risk factors, build resiliency, promote emotional well-being, and facilitate school success in elementary, middle, and high school students.

## SPARK Teen Mentoring Program:

- help youth better understanding themselves and others;
- develop vital social and emotional skills;
- and access their leadership and creativity to foster academic achievement and healthy community functioning.

## SPARK Teen Mentoring Program include:

- Overview and Introduction
- The Principles Behind Your LIFE and Finding Your SPARK!
- The Power of Thought
- Your Personal Guide to Decision Making
- Community Engagement
- How State of Mind Influences Judgment and Reasoning
- Surviving Mood Swings
- Finding Success in the Midst of Stress
- Feeling Fear and Insecurity Without Fear and Insecurity
- The Inside-Out Nature of Self-Esteem
- Separate Realities
- Self Confidence
- Habits
- Cultivating Meaningful Relationships
- Dating and Healthy Relationships
- Using your SPARK to Make Decisions
- Mentoring and Leading From the Inside-Out
- Bully Prevention from the Inside-Out
- Academic Success
- College and Career Readiness
- Financial Stability
- Parenting from the Inside-Out
- Creating the Life Designed for You
- Graduation

The SPARK Teen Mentoring Program meets every Monday through Friday from 2:00pm-7:00pm located at:

**HamiltonDavis Mental Health, Inc.**  
2001 Airport Road, Suite 305  
Flowood, MS 39232

For more information or to register please contact Angela Manyfield at:  
601-932-1004  
Call today space is limited

Medicaid, Most Major Commercial Insurances, and Medical Assistance Accepted

