

Pre-Operative Instructions:

The following is a list of pre-operative instructions that will simplify your surgical appointment. Specific arrangements should be made if these instructions cannot be followed.

1. If you are having sedation anesthesia, **a responsible adult must accompany you and remain in the office during your procedure.** Someone should be with you at home through the evening after surgery.
2. If you are having sedation, you should have nothing to eat or drink **6 hours** prior to the appointment. However, it is okay to drink a small amount of water to take any medications that may have been prescribed.
3. Loose clothing, especially loose fitting short sleeves, should be worn. Do not wear high heeled shoes or "flip flops". Do not wear contact lenses to your surgical appointment.
4. If you are having only local anesthesia you may have a light breakfast or lunch prior to your appointment.
5. If you are taking medication on a regular basis, continue to do so unless otherwise instructed.
6. It is advisable not to bring small children to the office during your appointment.
7. Financial arrangements must be completed in advance of your surgical appointment, and consents are to be signed prior to the surgery.
8. Bring all removable mouth appliances (retainer, partial denture, complete denture, bite guard) to appointment, as the Doctor will need to evaluate them for use after the surgery.
9. Please contact our office prior to your reserved surgical date if you have any questions.
10. **IMPORTANT: Make sure to bring the medication that we have prescribed to your surgery appointment.**