

FOURTH STEP INVENTORY: FEARS

Column 1	Column 2	Column 3	Column 4
p 68: "We reviewed our fears thoroughly. We out them on paper, even though we had no resentment in connection with them."	p 68: "We asked ourselves why we had them."	p 68: "Wasn't it because self-reliance had failed us?"	p 68: "We ask Him to remove our fear and direct our attention to what He would have us be. At once, we commence to outgrow fear"
What Am I Afraid Of?	Why do I have the fear?	yes/no	We ask for the fear to be removed
I am fearful of :	Why am I afraid?		<p style="text-align: center;">Fear Prayer:</p> <p style="text-align: center;">"God, please remove my fear of _____ and direct my attention towards what you would have me to be."</p> <p>"Perhaps there is a better way-we think so. For we are now on a different basis; the basis of trusting and relying upon God. We trust infinite God rather than our finite selves. We are in the world to play the role He assigns. Just to the extent that we do as we think He would have us, and humbly rely on Him, does He enable us to match calamity with serenity. We never apologize to anyone for depending upon our Creator. We can laugh at those who think spirituality the way of weakness. Paradoxically, it is the way of strength. The verdict of the ages is that faith means courage. All men of faith have courage. They trust their God. We never apologize for God. Instead we let Him demonstrate, through us, what He can do. We ask Him to remove our fear and direct our attention to what He would have us be. At once, we commence to outgrow fear."</p>

