FOURTH STEP INVENTORY: RESENTMENTS

Column 1			Columi	n3		Column 4				
p 64 "In dealing with resentments, we set them on paper. We listed people, institutions or principles with whom we were angry."	p 64 "We asked ourselves why we were angry."	our grudge it our	e list we set self-esteen	t opposite e n, our secu	ach name ority, our am	ere angryOn our injuries. Was abitions, our interfered with?	p 67 "Referring to our list again. Putting out of our minds the wrongs others had done, we resolutely looked for our own mistakes. Where had we been selfish, dishonest, self-seeking and frightened? Though a situation had not been entirely our fault, we tried to disregard the other person involved entirely. Where were we to blame? The inventory was ours, not the other man's."			
I'm resentful at:	The Cause	Affects My: (What part of self was hurt or threatened?)					Where was I to blame?			
List the names of people Institutions or principles with whom we were angry.	Why am I angry?	Self Esteem	Pocketbook	Ambitions	Personal Relations	Sex Relations	Selfish	Dishonest	Self-Seeking	Frightened