



ROOKIE OF THE MAC



SUNDAY, DECEMBER 14TH

Mid-America Center | 1 Arena Way, Council Bluffs, IA 51501

**For WRESTLERS with 3 years of experience or less. Please be honest, this is for less experienced wrestlers.
THIS IS NOT FOR NATIONAL & REGIONAL PLACE WINNERS.**

REGISTRATION

Online registration closes on
Saturday, December 12th at 8:00 AM or at capacity*
*Registration will close at 300 wrestlers

Register online **ONLY** through TrackWrestling.com

Rookies of the MAC: \$30 per wrestler
FAST PASS Weigh-ins: \$20 per wrestler
For more experienced Wrestlers, see King and Queen of the MAC
Same day, same location

\$20 Additional Fee for Walk-ins
Walk-ins at Saturday night weigh-ins only

For more information visit
www.KingoftheMAC.com

SCHEDULE OF EVENTS

SATURDAY WEIGH-INS ARE OFF SITE

Powerhouse WC | 20595 McPhearson Ave, Council Bluffs

Saturday, December 13th

12-2 PM – Fast Pass Weigh-ins (all divisions - \$20)

6-7:30 PM – Off-site Weigh-ins (all divisions)

SUNDAY WEIGH-INS ARE AT MID-AMERICAN CENTER

Sunday, December 14th

9-10 AM – LAST CHANCE Weigh-ins

12 PM – Brackets released

1 PM - Wrestling starts

King & Queen of the MAC will be going on at the same time

Doors will be open @ 7 AM

Awards after the conclusion of brackets

DIVISIONS

Boys and Girls Together

6 & Under | 8 & Under | 10 & Under | 12 & Under

Round Robin

4 & 5-man Round Robin, 3-4 matches where possible

Separation Criteria

- 3rd year 50/50 wrestler
- 2nd-year wrestler winning record or 3rd year wrestler losing record
- 2nd-year wrestler 50/50 or losing record
- 1st-year wrestlers ONLY

We will separate by weight, then experience, and then by team to the best of our ability

AWARDS

1st place - Trophy and Wallchart
Medals for all other places

ADMISSION

Adults: \$15
Children (under 12): \$12
Children 2 & under: FREE

Pre-purchase tickets at kingofthetmac.com/tickets \$3
service fee on all ticket sales day of event

Coaching Bands (Floor Access & Admission)

\$30 if purchased on Track Wrestling

\$40 if purchased on-site

One free Coaching band for every 8 wrestlers per club

LODGING

Individual & Team hotel blocks are available at a special group rate through the event's booking site, with multiple options just minutes from the venue.

[Click here for hotel bookings](#)

A special
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to our 2025
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Visit KingOfTheMAC.com
for full schedule and
tournament details.