



ROOKIES OF THE MAC



SUNDAY, DECEMBER 10TH

Mid-America Center | 1 Arena Way, Council Bluffs, IA 51501

For WRESTLERS with 3 years of experience or less. Please be honest, this is for less experienced wrestlers. THIS IS NOT FOR NATIONAL & REGIONAL PLACE WINNERS.

REGISTRATION

Online registration closes on Saturday, December 9th at 8:00 AM or at capacity*
*Registration will close at 275 wrestlers

Register online ONLY through TrackWrestling.com

Rookies at the MAC: \$25 per wrestler
FAST PASS Weigh-ins: \$20 per wrestler
For more experienced Wrestlers, see King and Queen of the MAC
Same day, same location

\$15 Additional Fee for Walk-ins
Walk-ins at Saturday night weigh-ins only

Contact Matt Fletcher about group discounts and incentives
402.960.6840 or matt@powerhousewrestlingclub.com

SCHEDULE OF EVENTS

SATURDAY WEIGH-INS ARE OFF SITE

Powerhouse WC | 20595 Mcphearson Ave, Council Bluffs

Saturday, December 9th

2-4 PM – Fast Pass Weigh-ins (all divisions - \$20)
6:30-8 PM – Off-site Weigh-ins (all divisions)

SUNDAY WEIGH-INS ARE AT MID-AMERICAN CENTER

Sunday, December 10th

9-10 AM – LAST CHANCE Weigh-ins
12 PM – Brackets released
1 PM - Wrestling starts
King & Queen of the MAC will be going on at the same time
Doors will be open @ 7 AM

Awards after the conclusion of brackets

ADMISSION

Adults: \$12
Children (under 12): \$8
Children 2 & under: FREE

Pre-purchase tickets at kingofthemac.com/tickets
\$3 service fee on all ticket sales day of event

Coaching Bands (Floor Access & Admission)
\$25 if purchased on Track Wrestling
\$35 if purchased on-site
One free Coaching band for every 8 wrestlers per club

DIVISIONS

Boys and Girls Together

6 & Under | 8 & Under | 10 & Under | 12 & Under

Round Robin

4 & 5-man Round Robin, 3-4 matches where possible

Separation Criteria

3rd year 50/50 wrestler
• 2nd-year wrestler winning record or 3rd year wrestler losing record
• 2nd-year wrestler 50/50 or losing record
• 1st-year wrestlers ONLY

We will separate by weight, then experience, and then by team to the best of our ability

LODGING

Please visit www.kingofthemac.com for host hotel information and rates. You will need to book through the link provided to receive these group rates. Please note during registration whether or not you plan to stay in a hotel.

AWARDS

1st place - Trophy and Wallchart
Medals for all other places

A special thank you to our 2023 SPONSORS



Visit KingOfTheMAC.com for full schedule and tournament details.