



BLS Course Objectives

After successfully completing the BLS Course, you should be able to

- Describe the importance of high-quality CPR and its impact on survival
- Describe all the steps in the Chains of Survival
- Apply the BLS concepts of the Chains of Survival
- Recognize the signs of someone needing CPR
- Perform high-quality CPR for an adult, a child, and an infant
- Describe the importance of early use of an automated external defibrillator (AED)
- Demonstrate the appropriate use of an AED
- Provide effective ventilation by using a barrier device
- Describe the importance of teams in multirescuer resuscitation
- Perform as an effective team member during multirescuer CPR
- Describe the technique for relief of foreign-body airway obstruction for an adult, a child, and an infant