

Jan-March 2025 -

# SCOUTING

## IN CANADA



**FEATURED**  
**7 TIPS FOR WINTER**  
**CAMPING**  
**ISSUE NO.03**

SCOUTING Around:  
French Carnival  
Interamerican Leadership Training  
Rovent  
Haliburton Scout Reserve



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## FROM THE EDITOR

Happy to start a year full of challenges so far a Rover social camp in the snow, beaver, cub and troop buggies and karts for like 3 weeks and is not over yet, but really fun. I wanted to share this picture as for me scouting is a family activity, parents should be involved even though they are not volunteers, but there is so much more than can be done if a youth parent is involved in supporting your kid and your scout group.

I rejoined the Scouts because my older son got into beavers just after Covid, and well there was a big need for program support (I was not an expert), but there were 2 leaders 3 beavers, so something needed to be done. Now, 10 volunteers and 28 kids later, I think something was done. I am very thankful for also the support of my wife Sonia who also joined me to be part of this team of volunteers that like the seed of a tree will not be able to enjoy its shadow. We are planting the seed of scouting in this kids, and hope they grow to become great citizens of the world.

We really have to try every day just to improve a little bit and do our best, I know is hard but not imposible, and everthing is imposible until you try it for the first time.

And in that topic, we are on our 3rd issue, something that fills me with a lot of pride, but also with a big commitment. We already start the snowball rolling. We have to keep going and get this project to become a great tool of ideas, and resources for you the scouter, the rover, the scout cub and beavers. In this edition, we had more contributors, and also is heartwarming to be able to share the voice of others to lift positive ideas that contribute to make a better world.

GUSTAVO HINOJOS  
Editor-in-Chief





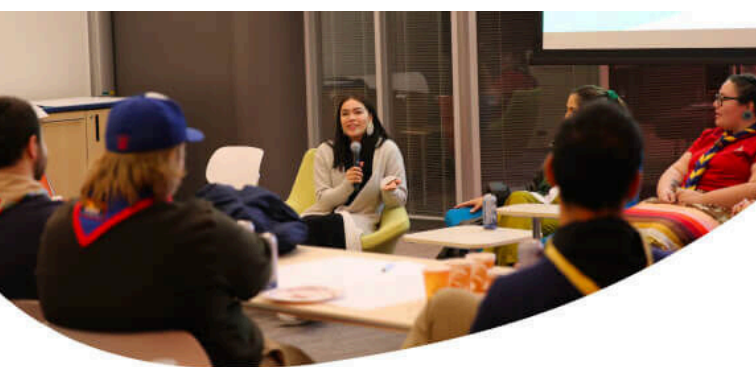
# CORRESPONDENCE



## Interamerican Leadership Training

The Interamerican Leadership Training (ILT) embodies the mission, vision, and strategic priorities endorsed by WOSM by providing leadership training in a collaborative, activity based environment.

The teaching of leadership, project planning, communication, and team dynamics provides participants with the skills they need to face the challenges of tomorrow. It provides them with the skills to improve their performance which, in turn, will improve the performance of any organization they are affiliated with.



## Experiences Canada offers unique Scout group exchanges

Scouts Canada just announced the new partnership with Experiences Canada, a leader in providing life-changing educational youth experiences.

As part of this partnership, Scouting groups now benefit from a waived membership (application) fee when participating in exchanges either between Scout sections or between a Scout Section and an Indigenous group. This partnership offers youth unique, impactful experiences that support their personal and social development.



## French Carnaval

Over four weeks, the French Carnaval Adventure brought Sections on a journey of exploration and fun. With S'more, they explored the rich heritage, mouthwatering cuisine, and vibrant festivities that make French-Canadian culture so unique.

Along the way, youth connected with fellow Scouts in the Association des Scouts du Canada, build new skills, and learn through engaging and adventurous activities. Pack your enthusiasm and join S'more as we learn, create, and celebrate this incredible cultural experience!



# SEVEN SCOUT TIPS FOR CAMPING THIS WINTER

By Élise Drouet  
Photography by GH  
Translation: Ambar Varela



Have you ever imagined going camping in the middle of winter, with snow everywhere and a campfire crackling? Sounds crazy to you? Yet, it's an unforgettable adventure that Scouts love to do! We met Élise Drouet, a major figure in world Scouting who gives you all her tips to make this adventure a magical moment!

## Lasagna... to wear, not on the plate!

When you go camping in winter, the first rule is to dress well. But beware! It's not about putting on a big sweater that makes you all stiff. No, the secret is to create several layers of clothes, like lasagna! Because the air between the layers "keeps the heat in" and warms you.

1st layer: Close-fitting clothing to keep you dry.

2nd layer: Something warm, like a wool sweater (it's great, even wet, it stays warm!).

3rd layer: A coat that cuts out wind and rain or snow.

Finally, don't forget a hat and wool socks. Nothing more unpleasant to have cold feet all day!

## Find the best spot for the tent

When you arrive there with your group, you must quickly find the perfect place for your tent. But never put your tent directly on the snow. Elise's trick is to remove the snow to have a dry surface. Then you need a good mattress (not just a yoga mat!) so you don't feel the cold rising from the ground. So ideally, you need a mattress that lets air through, because it's an insulator against the cold! You can also add layers of cardboard in undercuts to isolate it from frozen ground.

**Good to know**  
**It's at head and neck level that we lose heat faster. When you are cold, you start by putting on a hat and a scarf.**







## A campfire, even in the snow, to cook and tell stories

You may be wondering how to light a fire when there's snow everywhere? Just remove the snow where you want to make your fire. Then, we light the dry wood that we had gathered and kept aside. It's then time for a "great vigil with songs, stories and... chocolate bananas! Cut a banana in half, lengthwise, put pieces of chocolate in it, wrap it in aluminum foil and grill it in the embers. That's so good!

## Your sleeping bag, your best friend

Once the tent is set up, you will need a good sleeping bag that will keep you warm, even when it is very cold outside. Élise Drouet advises you to take a bag that also covers your head (yes, it's important to stay warm at night), with a meat bag, this is the name that the sheet to slip into the sleeping bag, easier to wash, usually it is cotton. Before you slip into it, do a little exercise to keep your body warm. Then, hop, you quickly close the bag and you feel like in a cocoon! Be careful not to cover yourself too much to sleep, because if you sweat, you'll get cold faster.



**The trick in:**  
Before you go to bed, put newspaper in your shoes, this will prevent them from being too wet in the morning!



## Eat hot to stay in shape

When camping in the snow, generally, during the day you walk and move a lot, so you have to eat well to conserve energy. Prepare your soup with seasonal vegetables, like squash, potatoes and leeks. It's pretty easy on a campfire. You can also simply boil water with salt to cook pasta or prepare potatoes on the campfire. Wrap them in aluminum foil, place them in the embers. When cooked, add a good spoon of fresh cream and herbs! A treat!

**Did you know?**  
In cold weather, the body needs more calories to function. It's estimated that you will need about 3,000 calories a day, so we often eat more, sometimes a little more fat and with more protein (meat, eggs...) than usual. We'll be wary of products very close to the food industry, often too rich in salt and therefore dehydrating, whereas precisely we must drink a lot of water in cold weather.





## Listen and observe nature

Even in winter, nature holds surprises and discoveries for those who know how to observe. When you walk in the snow, listen carefully to the creak under your feet, and look around you: You might see birds or animals that you have never seen before. It's a wonderful season to get to know nature better. "We develop many of our five senses, it's magical!" Élise Drouet explains again.

## Hazards?

### Not so scary, when you are well prepared!

Of course, camping in winter can be scarier little challenges than a regular camp in spring, but if you are vigilant and follow all these tips, everything should go well. Elise explains that in "winter, we are even more careful" than in the beautiful season. We take the time to explain the right gestures to everything

The world, we help each other more, we really take the time to set up the camp ... but above all we strive to "enjoy every moment" together!

**More and more Scout camps are organized in winter. With global warming, it is now often too hot to organize camps in summer and those in spring or autumn are on the waiting list...**



Élise Drouet is an important figure in French and even world scouting! Former guide become chieftain.

Since last August, she has been, among only 11 other people globally, representing all the Scouts of the planet, on the World Scout Committee. With her experience in France and abroad, she works to strengthen ties between cultures through Scouting, while defending the values of nature and fraternity.





TRY AND LEAVE THIS  
WORLD A LITTLE  
BETTER THAN YOU  
FOUND IT.

ROBERT BADEN-POWELL





# LEARN TO CAMP



By Wayfinders NPS



**WAYFINDERS**  
— LET'S GO —

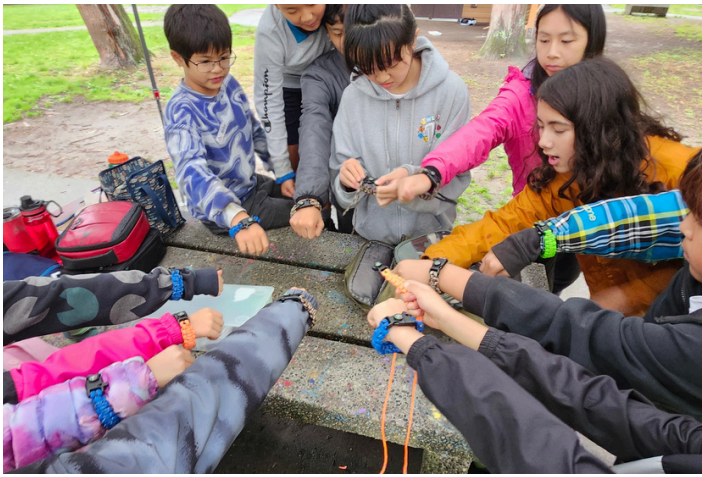
Whether you're a seasoned outdoor enthusiast or taking your first steps into the wilderness, Wayfinders invites you to join us on a journey of discovery, exploration, and growth. Together, let's carve pathways to a brighter future for generations to come.

Since our launch on March 9th 2024, we've witnessed the vibrant energy and eagerness of 13 dynamic youth, who have now completed an immersive 8-week skills training at Camp Mclean, Langley. From mastering campfire safety to delving into wilderness first aid, these participants embraced every aspect of the robust curriculum, culminating in an exhilarating weekend excursion in May at Camp Barnard, Sooke, BC, further cementing their bond with nature and each other.

Then, throughout eight weeks, from September to October 2024 at Warner Loat Park in Burnaby, BC, participants were engaged in weekly camping skill sessions, gaining practical, hands-on experience in real-time. The program culminates in an exciting camping excursion on the first weekend of November at Camp Barnard, BC, where participants showcased their new skills, promoting mental and physical health, environmental awareness, and personal growth.







*"Thank you so much for the wonderful course! I have learned so many skills and had so much fun. The teachers were very thoughtful and patient so everyone could understand and learn. I have also met so many new people and enjoyed every experience especially the fire building and rock painting. Although I missed the final camping trip, I can imagine how fun it is. I strongly recommend this program to everyone, and I will definitely spread the word."*

**Kate Huang, Participant**

*"It has been a truly wonderful and meaningful experience for my son to participate in the 'Learn to Camp' program this summer. I would like to express my heartfelt thanks to everyone in the Scout team who contributed to this program. From orientation to the specially designed weekly activities and the overnight camp at Sunshine Coast, everything was thoughtfully planned to ensure the kids could build their skills safely and under excellent care. I especially appreciate your extraordinary efforts to encourage and inspire my son in so many ways. The close communication with me made me feel reassured, and your understanding of the needs of children like my son with special requirements was exceptional. It is rare to find a program with such an inclusive approach as Scouts Canada. I will definitely recommend it to my friends, and I will continue to have my son participate in SC programs."*

**Conina, Parent**

**WEEKLY CAMPING SKILL  
SESSIONS, GAINING  
PRACTICAL, HANDS-ON  
EXPERIENCE IN REAL-TIME**





# CAMP WILDMAN

Photography by [campwildman.ca](http://campwildman.ca)



Camp Wildman is located near the eastern shores of beautiful Georgian Bay in Tiny Township, approximately 40 km north-west of the city of Barrie, and 15 km south-west of the town of Midland.

Camp Wildman is a beautiful 100-acre wooded wilderness property situated on the south side of 8th Concession Road of Tiny Township in Simcoe County, approximately three hundred meters east of Georgian Bay at Ossossane Beach.







## CAMP WILDMAN IS A BEAUTIFUL 100 ACRE WOODED WILDERNESS PROPERTY SITUATED ON THE SOUTH SIDE OF 8TH CONCESSION WEST OF TINY TOWNSHIP IN SIMCOE COUNTY



Camp Wildman has three lodges, capable of accommodating 42, 24, and nine persons in separate bunks. There is no running water in the lodges; drinking water is available outside. All lodges have electricity an electric stove and a refrigerator. The two larger lodges are electrically heated and have clothes dryers. There are also four Adirondack shelters, each with 12 bunks. Outside camping areas will accommodate over 300 persons in both groomed and wilderness areas.

### Site Information

The camp is consists of sandy terrain with a large sandy central open area. There is a baseball diamond and horseshoe pits, and several informal campfire pits and one main formal campfire pit area. There is an obstacle course suitable to ages 8 and older. There are marked trails for exploring, a beaver pond, and a bike trail. Wildlife abounds, including some of the hungriest raccoons you will ever meet. The camp at its closest point is approximately 300 metres from a fine sandy beach on Georgian Bay.

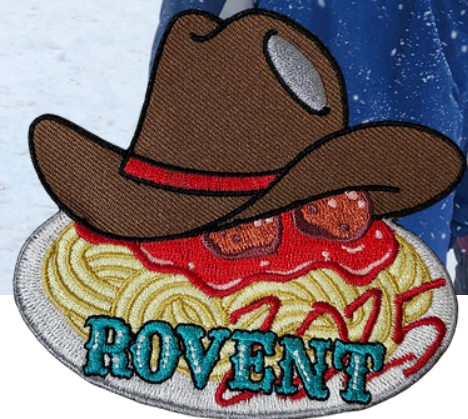
### Programming

At Camp Wildman, kids can immerse themselves in a variety of exciting activities, from nature hikes and campfire storytelling to arts and crafts sessions that spark creativity.



Check out the Camp Wildman web site at [www.CampWildman.ca](http://www.CampWildman.ca)





# ROVENT 2025

By Ventures Company 4SW  
Photography by GH



Rovent is an annual winter camp which is open to all senior members of Scouts and Girl Guides Canada in British Columbia. Specifically, Venturers (14-18), Rovers (18-26), Rangers (15-17), Link (18+) and their fearless leaders may attend.

Established in 1974, Rovent has evolved over the years allowing more groups to attend and changing locations several times until it reached it's current home of Cambie Creek in Manning Park. What was originally a Camp for Ventures has become BC's largest annual winter camp.

## How was Rovent

A very cold camping trip, without cellphone signal, but full of cool activities like hockey, golf in the snow, digging big holes to put your camping tent, changing your socks 3 times a day.

With almost 420 participants and a snowing weekend this is a really interesting activity for the senior sections where you get to share stories with other rover crews, play, and have some also interesting forums, for future events national and international.

## Would you recommend Rovent

Definitely, this is a must activity and I would travel to participate, and I would even invite other countries if possible. Just really need to be prepared for camping in the snow even though this can be your first time. And also if you have done something similar going with some many other Rovers and exchange this camaraderie is one of the great reasons why this event should be a must for you next year.

**ROVENT 2025 WAS HELD  
FEBRUARY 14-17 AT CAMBIE  
CREEK IN MANNING PARK**

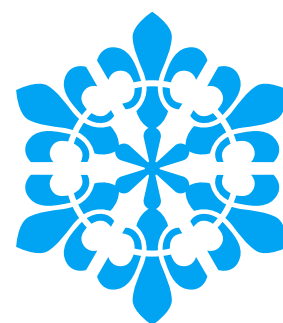






# INTERNATIONAL ROVER WEEK SUMMER 2025

Action for the Environment



**Kandersteg**  
International  
Scout Centre

**Ready for an exciting week in the Swiss Alps with Rovers from all around the world?**

Come to the World Scout Centre between the 14th and 22nd of July and get inspired by the magic of the Permanent Mini-Jamboree! The International Rover Week is an opportunity to learn and network with other Scouts about how to take Action for the Environment. You will participate in workshops facilitated by the Pinkies and our partners, and in some of our favourite High Adventure and Jamboree activities.

### **Who can participate?**

Rovers, and Leaders, 18 to 26 years old members of a National Scout Organizations recognized by WOSM or WAGGGS. You can apply individually or with a friend, but keep in mind that we limit the number of participants per country if too many people from one country apply. We do this to ensure the cultural diversity of the event.

### **How do I apply?**

You can apply through the website of [kisc.ch](https://www.kisc.ch) until the 24th of March.

**<https://www.kisc.ch/programme-adventure/international-rover-week-summer-2025>**



# 17TH WORLD SCOUT MOOT IN 2029

## What is the World Scout Moot?

Every four years, the World Scout Moot is held for Scouts aged 18 to 25, often known as Rovers. The Moot is an opportunity for thousands of young people to come together and immerse themselves in the spirit of Scouting, forge new friendships, and develop skills and understanding that will help them become better global citizens.



By <https://www.scout.org/news/news/scouts-china-host-17th-world-scout-moot-2029>  
Photography by <https://www.worldscoutmoot.tw/>



# 17<sup>th</sup> WORLD SCOUT MOOT e MOOT SCOUT MONDIAL

This marks the second time that Scouts of China will host the global event, having previously played host to the 12th World Scout Moot in 2004 which brought together more than 3,000 Scouts and young leaders from 87 countries.

The programme concept of the 2029 Moot embodies a commitment to environmental sustainability with a focus on energy conservation and the protection of biodiversity to ensure that our planet remains vibrant and thriving for future generations.

The 2029 World Scout Moot in Taiwan will be a youth gathering with the theme "Bare Necessities."

This theme reflects our deep contemplation and practical implementation of the United Nations Sustainable Development Goals (SDGs).

## Main Moot Site

The main moot site is located at the "Tsou Ma Lai Farm" in Tainan, Taiwan, covering a vast area of 120 hectares. The site has previously hosted several national Scout jamborees, most recently in July 2024. It can approximately accommodate up to 12,000 campers.

Taiwan, located in East Asia, is surrounded by the sea. The beautiful coast has unique sea erosion topography, soft sandy beaches, colorful underwater landscapes, rich marine life, and cultural landscape resources, showing beautiful scenery everywhere.



**INTERNATIONAL PATROLS  
WILL EXPLORE NATURE,  
CULTURE, ADVENTURE  
AND COMMUNITY OVER  
SIX DAYS ON VARIOUS  
TRAILS, CULMINATING IN  
BASECAMP ACTIVITIES IN  
TSOU MA LAI FARM.**





# BE PREPARED: UNDERSTANDING EPILEPSY AND SEIZURE FIRST AID IN SCOUTING

By Stephanie Youngdale

Scouting is about adventure, learning, and teamwork. Sometimes, that means being ready for unexpected situations—including medical emergencies. Epilepsy is a common neurological condition that causes seizures, and while it can be unpredictable, knowing what to do can make all the difference.

### What is Epilepsy? (Canadian Epilepsy Alliance)

Epilepsy happens when the brain's electrical signals misfire, causing seizures. There are many types of seizures, but they generally fall into two categories:

- Focal seizures: Affect only part of the brain and may cause unusual movements, sensations, or brief confusion.
- Generalized seizures: Involve both sides of the brain and may lead to convulsions, muscle stiffness, or sudden loss of muscle tone.



### A seizure at Camp—What Would You Do?

Imagine this: Your Troop is out on a weekend camp, enjoying the great outdoors. As the morning activities wrap up, a Scout collapses and begins convulsing. Their breathing sounds strained, and they're shaking uncontrollably. A few Scouts look on, unsure of what to do.

### How do you respond?

#### Step 1: Stay Calm and Keep Them Safe (Canadian Epilepsy Alliance)

- If you know this Scout has epilepsy, follow their seizure action plan if provided by their parents.
- If this is their first known seizure, call 9-1-1 immediately.
- Move any objects away that could cause injury—like sharp rocks or camping gear.
- Place something soft under their head to prevent injury.
- Start timing the seizure.

#### Step 2: **What NOT to Do** (Canadian Epilepsy Alliance)

- Don't hold them down—this can cause injuries.
- Don't put anything in their mouth—they will not swallow their tongue, but an object could block their airway.

#### Step 3: After the Seizure (Canadian Epilepsy Alliance)

- If the seizure it lasts more than five minutes, and if you haven't called 9-1-1 yet, do so now. This might be the case if the person having the seizure is known to have epilepsy.
- Once the shaking stops, roll them onto their side (the recovery position) to help clear their airway.
- Expect some confusion, exhaustion, or even embarrassment when they wake up. Reassure them: "You're safe. You had a seizure. Help is on the way."







## What's Next? (Canadian Epilepsy Alliance)

After an incident like this, it's important to:

- Check in with the youth who witnessed the seizure—they might feel scared or confused.
- Log the incident in ScoutSafe for future awareness and safety planning.
- Have a conversation with the Scout's parents about how best to support them moving forward.

## Why This Matters

Scouting teaches us to be prepared for anything—including medical situations like seizures. By staying calm, taking the right steps, and supporting one another, we make sure that every Scout feels safe and included, no matter what challenges they face.

Test Yourself with Fact or Fiction: Epilepsy Edition (Epilepsy Society)

Fact or Fiction: People with epilepsy can swallow their tongue during a seizure.

❌ Fiction! It's physically impossible to swallow your tongue. During a seizure, putting something in a person's mouth (like a wallet or spoon) can actually cause harm by blocking their airway or breaking their teeth.

Fact or Fiction: You should hold someone down during a seizure.

❌ Fiction! Holding someone down won't stop the seizure and can cause injuries. Instead, keep them safe by moving objects away and placing something soft under their head.

Fact or Fiction: All seizures involve convulsions.

❌ Fiction! Not all seizures look the same. Some involve staring spells, unusual movements, or brief confusion. There are many different types of seizures, and not all are dramatic.

Fact or Fiction: Epilepsy is contagious.

❌ Fiction! You can't "catch" epilepsy from someone else. It's a neurological condition, not a virus.

Fact or Fiction: People with epilepsy can't live normal lives.

❌ Fiction! Many people with epilepsy live full, active lives—including hiking, camping, and Scouting! With proper management and awareness, epilepsy doesn't have to hold anyone back.

Fact or Fiction: Flashing lights always trigger seizures.

❌ Fiction! While some people have photosensitive epilepsy, most people with epilepsy are not affected by flashing lights. Seizure triggers vary from person to person.

Fact or Fiction: If someone has a seizure, they need an ambulance every time.

❌ Fiction! If a person has epilepsy and a known seizure pattern, an ambulance isn't always needed unless the seizure lasts longer than five minutes, they get injured, or they have multiple seizures in a row. If it's their first seizure, however, always call 9-1-1. Follow seizure first aid plans when they're available.

Understanding the truth about epilepsy helps us be more supportive and inclusive.

Scouting is about adventure for everyone—and that means knowing how to respond and support each other when challenges arise.

***It Starts with Scouts—learning, adventure, and looking out for each other.***





# LET'S STAY CONNECTED



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