



Therapeutic Book Club

FALL 2026

Why Has Nobody Told Me This Before? by Dr. Julie Smith



monthly meetings will be held on
Tuesdays from 7:00 – 8:30 pm



The KW Yurt
508 Duke st west, kitchener



free street parking
receipts provided



For additional
details scan
the QR code



contact info:
help@tycounselling.ca



Tanya Young Counselling
& Wellness



space is limited to
10 participants



\$60 per session

This isn't just a book club,

it's a space for growth, healing, and community

