

## *You are supported*

*At Loreto House you are not just a client, but our guest.*

Your feminine heart is made to blossom!



At Loreto House we are dedicated to see that happen!

There can be many unanswered questions and seemingly impossible obstacles to overcome in daily life. At Loreto House, it is our goal to help you, as our guest, make healthy choices that benefit you, your motherhood, your children, and your relationships with others.

**We are here to help you become the woman you are meant to be.**



## *Resources are available*

**There are a multitude of resources available to pregnant women.**

Our local community is ready to support you by meeting any practical needs you may have.

### **Prenatal and Infant Care Seminars**

*Great information on childcare and child rearing for the first time mom or for the experienced mom looking for new ways to approach family situations.*

### **Labor, Delivery, and Breastfeeding Classes**

*These classes offer important information on what to expect and how to prepare for labor and delivery. In addition, the breastfeeding classes offer insights into successful bonding and feeding.*

### **Parenting Seminars**

*In these seminars you can explore the many dimensions to successful parenting. Choose from topics such as Discipline, Parenting Style, Communication between Parents, and more. Sessions are offered to fit your schedule and your specific needs.*

### **The Dad Difference**

*Dads play an important role their children's lives from pregnancy onward. We offer useful advice and practical solutions to many common problems that challenge families. This program teaches fathers how to bond with their newborns and become effective parents to their growing children.*

### **Life Skills**

*Loreto House offers a wide variety of workshops and seminars on topics to enhance your family's health, safety, and quality of life.*



## *How to qualify*



Attending Loreto House informational seminars will allow you to earn gift certificates that are redeemable in the St. Gianna Gift Shop, which is located on our premises. In the Gift Shop you can use your gift certificates to purchase brand new baby clothes, diapers, formula, and a wide variety of other necessary items for your baby.

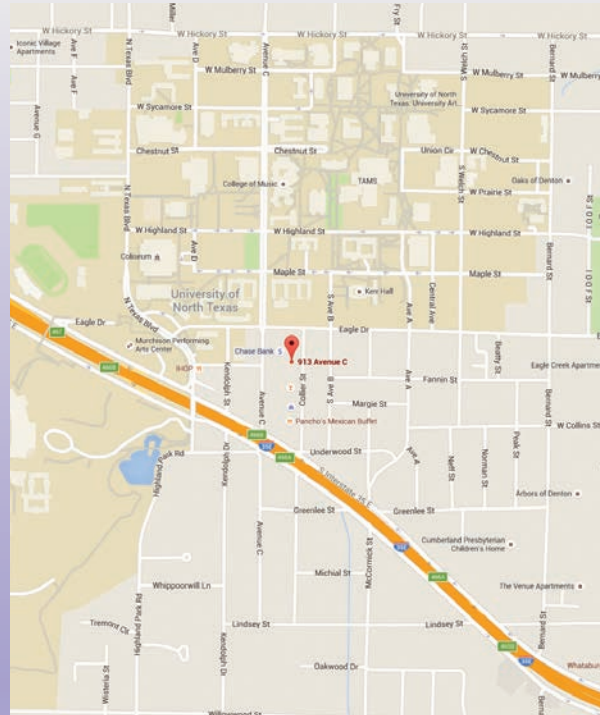
**Our gift certificate program is available to:**

- *Pregnant Mothers*
- *Fathers of the baby*
- *Any Mother with a child 24 months or younger*
- *Any Father with a child 24 months or younger*
- *Relatives of the Mother*
- *Relatives of the Father*

## Pregnant? Need Support?



## LOCATION



*Come Be Our Guest*



Loreto House  
913 Ave. C. Denton, TX 76201  
office: 940-380-8191  
24 hour help line: 1-866-602-5951  
[www.loretohouse.org](http://www.loretohouse.org)

## Loreto House



**Need diapers, formula,  
and baby items?**

**Call Loreto House now**



**940-380-8191  
24-hour helpline  
1-866-602-5951**

- Free pregnancy testing
- Free Ultrasound
- Confidential pregnancy counseling
- Relationship counseling
- Large network of resources
- Life skills workshops and seminars.