

Specialist Behaviour Support Services



Hard Words

This book has some hard words

The first time we write a hard word

- the word is in **blue**
- we write what the hard word means.

You can get help with this book



You can get someone to help you

- read this book
- know what this book is about



- find more information

About this book

This book is written by Specialist Behaviour Support Services



- Specialist Behaviour Support Services is also called SBSS

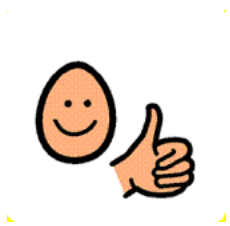
This book is written so **service users** know how SBSS works and what rules are followed



- A service user is a person who chooses to get support from SBSS



About SBSS



SBSS uses **positive behaviour support**

Positive behaviour support means changing things to help a person feel better



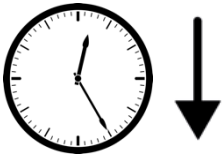
Positive behaviour support also means fewer or no **restrictive practices**

Restrictive practices are things that stop people from doing what they want

About Restrictive Practices



We will only use restrictive practices to stop people from getting hurt



If we use a restrictive practice, it will be for as little time as possible

Types of Restrictive Practices



Forcing a person to be on their own



Using medicine to change a person's behaviour



Separating a person from everybody else



Restricting a person's access to places or things

Your rights



Everyone has rights, like



○ The right to be safe



○ The right to be happy



○ The right to choose



You also have the right to make a complaint if you don't like something

Contact Us



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