

Date Written: 14/08/2020	Reviewed:
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RESTRICTIVE INTERVENTIONS POLICY

Mission Statement: The mission of *Specialist Behaviour Support Services (SBSS)* is to support society's most vulnerable individuals to live in a way which promotes optimal levels of independence, freedom from unnecessary restrictions and as a meaningful part of their local and wider community.

Context:

Restrictive practices refers to interventions which infringe on an individual's basic rights. Restrictive practices includes:

- Seclusion (forcing the person to be in a confined space by him or herself)
- Physical Restraint (using physical force to restrict a person's movement)
- Mechanical Restraint (using objects to restrict a person's movement)
- Chemical Restraint (using drugs or medications to alter the person's behaviour)
- Isolation (separating the individual from his or her peers for extended or constant periods of time)
- Environmental (restricting a person's access to areas, activities, or items)

Restrictive practices can represent serious human rights infringements. Any use of restrictive practices must follow a strict set of guidelines for implementation and oversight. Restrictive practices may only be used as a means of last resort when the person's behaviours of concern place them or others at serious risk of significant injury or death. All uses of restrictive practice must be documented and reported. Anyone who is the recipient of restrictive practices must have a functional behaviour assessment and behaviour support plan conducted and written by a specialist behavioural practitioner.

The NDIS Commission Rules outline the requirements for registration and monitoring of restrictive practices used in behaviour support plans for NDIS participants. www.legislation.gov.au/Details/F2018L00632

Restrictive Interventions Policy:

If a service user's behaviours of concern are putting either themselves or others at risk, a regulated restrictive practice may be required. If this is the case, a behaviour support plan must be developed and lodged with the NDIS Commission.

Specialist Behaviour Support Services.

Version 2: Director Approval

Schedule of Review: Bi-Annually

If a restrictive practice is used, it must:

- Be the least restrictive response possible
- Reduce the risk of harm to the service user and/or others
- Be used for as little time as possible

Related Documents

• National Disability Insurance Scheme (Restrictive Practices and Behaviour Support) Rules 2018

• SBSS Information Booklet
