



DYNAMIC NEURO  
ACADEMY

# NLP PRACTITIONER (LEVEL 2)

## LEVEL 2 — FOUNDATIONS NLP COACHING

Level 2 represents the transition from **understanding human behavior** → **to actively guiding change in others**.

At this stage, participants move beyond concepts and begin to develop the **professional identity of a coach and practitioner**, grounded in structure, awareness, and responsibility.

This level is designed to bridge the gap between:

- Knowledge and application
- Theory and real-life interaction
- Technique and ethical practice

Participants will deepen their ability to **observe, interpret, and intervene in human behavior**, using advanced NLP frameworks, coaching models, and psychologically informed approaches.

A core focus of Level 2 is developing the capacity to:

- Understand how individuals process experiences (cognitively, emotionally, and behaviorally)
- Identify underlying patterns such as beliefs, values, trauma responses, and cognitive distortions
- Apply structured coaching models to guide clients toward measurable outcomes
- Use language with precision and influence, both consciously and at the unconscious level

This level introduces a more advanced understanding of the human system, including:

- The interaction between mind and body (psychosomatic responses)
- Neurocognitive patterns such as attention, motivation, and emotional regulation (including ADHD frameworks)
- The role of early experiences and nurturing styles in shaping adult behavior
- The integration of neuroscience principles within NLP interventions

Participants will also learn how to create a **safe and professional coaching environment**, ensuring that every interaction respects psychological boundaries, emotional readiness, and ethical standards.

Unlike fast-track programs, Level 2 at DNA emphasizes:

- **Real coaching exposure** through supervised sessions
- **Structured feedback and correction**
- **Psychological readiness assessment** before advancing

This ensures that participants are not only skilled, but also **responsible and aware of the impact of their work on others**.

By the end of Level 2, participants will be able to conduct structured coaching sessions, apply advanced NLP techniques in real contexts, and demonstrate the behavioral, emotional, and cognitive awareness required to support meaningful and sustainable change.

**Level 2 duration:** 5 months

**Total Number of Hours:** 130



## LEVEL 2 — PRACTITIONER & COACHING APPLICATION

Level 2 transforms participants into **structured, ethical, and psychologically aware coaches**.

It integrates:

- NLP Practitioner tools
- Coaching frameworks
- Behavioral psychology
- Real-case application

### 1. NLP PRACTITIONER IDENTITY & SUCCESS PRINCIPLES

- Outcome orientation
- Rapport-based process
- Behavioral flexibility
- Awareness expansion
- Action orientation

### 2. VALUES & BELIEFS

- Structure of beliefs vs values
- Internal conflict mechanisms
- Fear-based belief systems
- Real-life conflict examples (honesty vs protection, etc.)
- Beliefs vs Values mapping
- Conflict identification
- Group reflection

### 3. REPRESENTATIONAL SYSTEMS

- Primary System
- Leader System
- Comparison System

How systems affect:

- Decision-making
- Trauma recall
- Behavioral loops

## 4. ADVANCED RAPPORT & CALIBRATION

- Eye patterns
- Micro body language
- Breathing patterns
- Skin tone shifts
- Voice tone analysis

## 5. META MODEL — FULL STRUCTURE (UPGRADED)

### DELETIONS

- Unspecified nouns
- Missing referential index
- Lost performatives

### DISTORTIONS

- Mind reading
- Cause-effect
- Complex equivalence

### GENERALIZATIONS

- Must / Should
- Impossible / Always / Never

## 6. LINGUISTIC FRAMES (NEW FULL MODULE)

- Backtrack Frame
- Agreement Frame
- Disagreement Frame
- Outcome Frame
- Open Frame
- Dissociation / Association Frame
- Approach Frame

Applied in:

- Coaching
- Conflict
- Leadership

## 7. NEURO-LOGICAL LEVELS (ADVANCED COACHING)

- Full coaching questions per level
- Identity-in-context layer
- Purpose embodiment work

## 8. ADVANCED NLP TECHNIQUES

- Collapse Anchors (FULL PROCESS)
- Chain Anchoring (3-state system)
- Dissociation anchoring
- State intensity scaling

Includes:

- Step-by-step coaching protocol
- Testing and reinforcement

## 9. METAPHORS

- Shallow metaphors
- Deep metaphors
- Embedded metaphors

Linked to:

- Unconscious processing
- Belief restructuring

## 10. COACHING MODELS

- GROW
- DUFF
- SCORE

When to use

- When NOT to use
- Real case example (procrastination)

## 11. TRAUMA PATTERNS

- Rejection
- Abandonment
- Betrayal
- Injustice

Includes:

- Behaviors
- Root nurturing styles
- Adult manifestations

## 12. PSYCHOSOMATIC CONDITIONS

- Autoimmune diseases
- IBS
- Heart conditions
- Skin disorders
- Hormonal issues
- Chronic fatigue
- Fibromyalgia

Linked to:

- Trauma
- Stress
- Emotional suppression

## 13. ADHD — COMPLETE SCIENTIFIC MODULE

- Neurotransmitters (dopamine / norepinephrine)
- Prefrontal cortex dysfunction
- Brain structure differences
- DSM-5 criteria
- Adult ADHD patterns
- Misdiagnosis risks

Includes:

- Real-life behaviors
- Coaching implications
- Emotional impact

## 14. EMPATHY SYSTEM

- Cognitive empathy
- Emotional empathy
- Compassionate empathy

Includes:

- Benefits
- Risks
- Coaching application

## 15. BRAINWAVES & NLP STATES

- Beta → thinking / stress
- Alpha → relaxation / rapport
- Theta → subconscious access
- Delta → deep healing
- Gamma → insight

Linked to NLP techniques

## 16. SATIR SURVIVAL STANCES (DEEP PSYCHOLOGY)

- Placater
- Blamer
- Distractor
- Computer
- Leveler

Includes:

- Trauma roots
- Behavioral patterns
- Coaching strategy

## 17. THERAPY AGE RANGE (NEW SCIENTIFIC ADD)

- 3–6 → Play therapy
- 7–12 → CBT/NLP
- 13+ → Full therapy models

Integrated with:

- Piaget
- Brain development
- Emotional regulation

## 18. COACHING ENVIRONMENT & PRACTICE

- Session structure
- Client safety
- Rapport building
- Handling resistance

## 19. SUPERVISED PRACTICE

- 10 real coaching sessions
- Feedback loops
- Case discussion

## 20. PSYCHOLOGICAL READINESS ASSESSMENT

- Emotional stability
- Ethical awareness
- Coaching responsibility

## 21. PHOBIA CURE

- Dealing with all Types of Phobias

## OUTCOME OF LEVEL 2 (PRACTITIONER LEVEL)

By the end of Level 2, participants will have developed the practical and psychological competence required to operate as **NLP Practitioners within structured coaching environments**.

Participants will be able to:

### 1. CONDUCT PROFESSIONAL COACHING SESSIONS

- Structure and lead a full coaching session (opening → exploration → intervention → closure)
- Establish rapport and maintain a psychologically safe environment
- Apply coaching models (GROW, SCORE, DUFF) effectively
- Manage session flow while staying outcome-focused

### 2. APPLY ADVANCED NLP TECHNIQUES IN REAL CONTEXTS

- Use anchoring techniques (stacking, collapse, chaining) for state change
- Apply reframing, submodality shifts, and perceptual positions
- Utilize metaphor and unconscious communication to facilitate change
- Intervene at the appropriate Neuro-Logical Level

### 3. IDENTIFY AND ANALYZE HUMAN BEHAVIOR PATTERNS

- Detect limiting beliefs and value conflicts
- Recognize trauma-based behavioral patterns (rejection, abandonment, betrayal, injustice)
- Identify cognitive distortions using the Meta Model
- Analyze representational systems (Primary, Leader, Comparison)

### 4. UNDERSTAND PSYCHOLOGICAL AND NEUROCOGNITIVE DYNAMICS

- Explain the mind-body connection and psychosomatic responses
- Recognize ADHD patterns, attention challenges, and behavioral implications
- Understand emotional regulation, stress responses, and decision-making patterns
- Integrate basic neuroscience concepts into coaching interventions

## 5. MASTER LANGUAGE AND COMMUNICATION FOR INFLUENCE

- Use Meta Model questioning for precision and clarity
- Apply Milton Model patterns for indirect influence
- Utilize linguistic frames to guide conversations and manage resistance
- Adapt communication based on client processing style

## 6. DEVELOP ADVANCED RAPPORT & CALIBRATION SKILLS

- Observe and interpret body language, tone, and micro-behaviors
- Calibrate emotional states and shifts in real time
- Adapt communication to match the client's internal processing
- Build deep trust and engagement

## 7. APPLY EMOTIONAL INTELLIGENCE IN COACHING

- Differentiate between cognitive, emotional, and compassionate empathy
- Manage emotional dynamics within sessions
- Respond appropriately to client resistance, avoidance, or emotional activation
- Maintain professional boundaries while remaining connected

## 8. CREATE A STRUCTURED AND ETHICAL COACHING PRACTICE

- Set up a professional coaching environment
- Maintain ethical standards and client confidentiality
- Recognize coaching limits vs therapeutic boundaries
- Handle sensitive topics responsibly

## 9. DEMONSTRATE REAL-WORLD COACHING EXPERIENCE

- Conduct at least **two real coaching sessions**
- Apply learned techniques in live scenarios
- Receive structured feedback and improve performance
- Reflect on personal coaching style and effectiveness

## 10. MEET PSYCHOLOGICAL READINESS CRITERIA

- Demonstrate emotional stability and self-awareness
- Show responsibility in handling clients
- Exhibit ethical judgment and professional behavior
- Qualify for progression to Master Practitioner Level