


Friendships - Opportunities - Community Involvement - Unity - Synergy



november  
2019

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
** Community Lunch Dates to be advised	To Register Pls call 403--532-1377				1 Healthy / Active Living 9-12 at Genesis	2 Karate for Women 11:12noon Genesis/1000 Voices  Legacy Estates Xmas Craft/Bake sale 11:00am-3:00pm
3	4 Healthy / Active Living 9-12 at Genesis	5 • Healthy / Active Living 9-12 at Genesis • English chit chat classes 12-2 pm @ Genesis Center 1000 Voices	6 Story of Your Life Linkages 10:45-12:45 Free transport	7 Healthy / Active Living 9-12 at Genesis	8 Healthy / Active Living 9-12 at Genesis	9 Karate for Women 11:12noon Genesis/1000 Voices
10 1000 Voices Closed	11  REMEMBRANCE DAY Lest We Forget	12 • Healthy / Active Living 9-12 at Genesis • English chit chat classes 12-2 pm @ Genesis Center 1000 Voices	13 Healthy / Active Living 9-12 at Genesis	14 Healthy / Active Living 9-12 at Genesis	15 Healthy / Active Living 9-12 at Genesis	16 Karate for Women 11:12noon Genesis/1000 Voices
17	18 Healthy / Active Living 9-12 at Genesis	19 • Healthy / Active Living 9-12 at Genesis • English chit chat classes 12-2 pm @ Genesis Center  1000 Voices	20 Healthy / Active Living 9-12 at Genesis	21 Healthy / Active Living 9-12 at Genesis	22 Healthy / Active Living 9-12 at Genesis	23 Karate for Women 11:12noon Genesis/1000 Voices
24 Speech Craft Speaking with Confidence 1-3pm \$\$ Cal FOS	25 Healthy / Active Living 9-12 at Genesis	26 English chit chat classes 12-2 pm @ Genesis Center 1000 Voices	27 Healthy / Active Living 9-12 at Genesis	28 Healthy / Active Living 9-12 at Genesis	29 Healthy / Active Living 9-12 at Genesis	