

Intermediate Group Class		
November 17	6:00 PM	1: Distance down, Place
November 24	6:00 PM	2: Remotes, Head down, Leave it
December 1	6:00 PM	3: Calm existence, distractions
December 8	6:00 PM	4: Field trip, bring place
December 15	6:00 PM	5: Field trip, bring place