

LIABILITY WAIVER FORM

**Life Strategies Coaching Inc.
Michelle Thomas**

I realize that participation in physical activities could result in personal injury. Despite necessary and appropriate precautions being taken, accidents and injuries may occur. By signing this release form, the client assumes all risks related to the use of and all spaces used by **Life Strategies Coaching Inc. and or Michelle Thomas.**

I agree to release, indemnify and hold harmless **Life Strategies Coaching Inc. and Michelle Thomas**, including its teachers and facilitators, and facilities used by **Life Strategies Coaching Inc. and or Michelle Thomas** from any cause of action, claim, or demand now and or any time in the future. I will not hold **Life Strategies Coaching Inc. and or Michelle Thomas** liable for any personal injury or any personal property damage, which may occur on the premises before, during or after classes/training/workshops. Furthermore, I agree to obey the class/training/workshop and facility rules and take full responsibility for my behaviour in addition to any damage I may cause to the facilities utilized by **Life Strategies Coaching Inc. and or Michelle Thomas.**

I understand that **Life Strategies Coaching Inc. and Michelle Thomas** are insured. In the event that I should observe any unsafe conduct or conditions before, during or after my classes/training/workshop, I agree to report the unsafe conduct or conditions to the Director and teacher/facilitator as soon as possible.

Client Name:
Date:

Witness:
Date: