



www.aoorganics.com

252-305-6668

Mentorship Curriculum

Inner + Practical + Accountability = Success

Description of Program:

Through individual and group coaching, assignments and work experience, the goal is that each Mentor will become empowered and equipped to run their own Authentic Business in the way that feels right to them. Mentors will receive four Individual coaching sessions and two group coaching sessions every month in order to identify blocks to success, create a healthy, productive mindset and work on practical assignments necessary for thriving as a business owner.

Coaching Topics:

- **Discover where you are & Where you are going** – The first month will be all about exploring where you are at this moment and building upon your base to decide where you want to take your business. What does your business look like? What have you achieved so far? What are your short and long-term

goals? This will be the base of the program so we can build the ideal business for you.

- **Inner Work** – The second month will be about uncovering any blocks, exploring what being authentic is to you, and developing a positive mindset that is tailored to what feels right for you.
- **Branding** – You know who you are and what kind of business you want to build so this month is all about your branding. How you want to market yourself, and building your dream business upon your core-self.
- The last three months will be focused on adjusting, continuing to build, and growing your business in the way that feels right to you. As you continue to evolve as a person, so does your business. We discuss what's working, what's not working, and how things can be changed to benefit your ever-evolving self and authentic business. This is where the positive habits are formed, you discover who your "people" are, and you build the ever-lasting confidence that makes your business explode in the way that YOU want.

This entire program is about working towards the life that works best for you. I help guide you through these topics, BUT this whole program is for YOU and is tailored in a way that YOU get to direct. You are the conductor and I just put the fuel in the fire to help the train roll. 😊