BUILD YOUR OWN

Kid Bowl \$8.50



CHOOSE YOUR BASE

ORGANIC ACAI COCONUT BLEND MANGO (a) MATCHA (a) ORGANIC PITAYA

\$1 extra base



CHOOSE 1 DRY TOPPING

GRANOLA @ GOJI BERRIES WALNUTS CACAO NIBS

COCONUT FLAKES CHIA SEEDS



\$0.50 each topping

RED BOWL

CHOOSE 2 FRUIT TOPPINGS

STRAWBERRIES
BANANAS MANGO C KIWI PINEAPPLE BLUEBERRIES

\$0.50 each topping



BLUE TIDE BOWL

CHOOSE 1 DRIZZLE



\$0.50 each drizzle **ENJOYABOWLS**



PICK A BOWL

NUTELLA BOWL Acai, granola, strawberry, banana, coconut flakes, nutella drizzle	11.50
BLUE TIDE BOWL Acai, granola, blueberry, banana, raw cacao, peanut butter drizzle	11.50

. a.r. 3 a.s a.s, p. 3 a.r. a.t b. a.t. 3. a.r. <u>22.</u> 3	
RED BOWL	11.50
Coconut blend, granola, strawberry,	
blueberry, mango, nutella drizzle or	
honey	

VERMELLA BOWL	12.00
Pitaya, granola, strawberry, blueberry,	
goji berry, coconut flakes, agave drizzle	

12.00

ENUOTADOWL
Pitaya, granola, blueberry, mango, kiwi,
coconut flakes, honey drizzle

TOPPINGS

ENIOVAROUM

\$ 0.50 each **GRANOLA STRAWBERRIES GOJI BERRIES BANANAS**

WALNUTS **MANGO CACAO NIBS** KIWI

PINEAPPLE **COCONUT FLAKES CHIA SEEDS BLUEBERRIES**

NUTELLA **AGAVE**

PEANUT BUTTER **ALMOND BUTTER HONEY** SUNFLOWER SEED

> SOME INGREDIENTS MAY CONTAIN TREENUTS PLEASE ASK ATTENDANT BEFORE COMPLETING ORDER

SORBET

Small \$6.50 Large: \$8.50

MANGO, PINEAPPLE, BLUEBERRIES, STRAWBERRIES, DRAGON FRUIT, MANGO/PINEAPPLE, MOCHA

WATCH FOR FLAVORS OF THE MONTH

SMOOTHIES





SMALL \$6

Add protein or collagen \$0.50 per scoop

BERRY NICE

Strawberry, blueberry, banana, almond milk

PURPLE RAIN

Acai, strawberries, banana, honey, peanut butter, soy milk

HEALTH NUT

Kale, banana, almound butter, dates, almond milk

GOTHAM SMOOTHIE

Matcha green tea, pineapple, blueberry banana, coconut milk

STRAWBERRY BANANA

Strawberry, banana, coconut milk

DRINKS

JUST WATER BUBBLE	4.00
JUST WATER	
POLAND SPRING WATER	
ICE SPARKLING	
FRESH SQUEEZE ORANGE	_

JUICE

WATCH OUT FOR THE BOWLS OF THE MONTH