

**For Immediate Release
August 2022**

New Book ‘Pistol Practice’ Available in September

Written by a firearms instructor, ‘Pistol Practice’ is an essential range companion.

BOSTON — August 2022 — John Kolis, a popular firearms instructor in greater Boston, has published his first book for the recreational shooter. *Pistol Practice* offers a framework for novices to attain competence and experienced shooters to improve skills. Designed for active use at the range, the spiral-bound guidebook contains 20 chapters of exercises and challenges, with targets and scoresheets to track progress.

“There are lots of books on how to shoot, but very few on how to practice,” says Kolis. “Range time should be safe, fun and productive -- that is my goal with this book.”

“Over the years, I have seen many new shooters simply load their magazines to capacity, hang a basic target and shoot until empty. They don’t improve, get bored and stop going to the range,” Kolis continued. *Pistol Practice* provides a solid structure, exercises and goals for shooters of all skill levels, along with fun challenges. Demonstration videos of the various exercises will soon be available on the *Pistol Practice* YouTube Channel.

Kolis honed the exercises in the book through hundreds of hours of range time and clients have already benefited from his expertise. Reviews of his training sessions include:

- *“John is a confidence builder and his exercises taught me how to practice effectively.”*
- *“John has helped me feel more confident and added elements to make practice safe and fun.”*

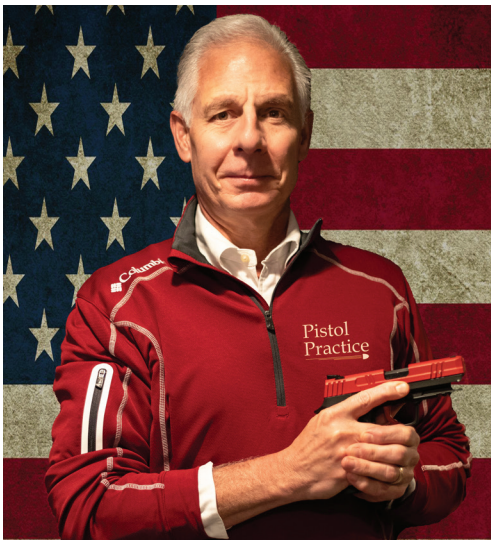
John Kolis, an NRA and USCCA certified instructor, is available for interviews and can be reached at John@PistolPractice.com *Pistol Practice* is available directly from www.PistolPractice.com



Pistol Practice

The
Shooting
Range
Guidebook
that teaches
you how
to practice

JOHN KOLIS



Author, John Kolis

Pistol Practice

ABOUT THE BOOK

Get more out of your time at the range. Pistol Practice includes exercises, challenges, scoresheets and targets that make skill building fun. Don't waste time and ammo. Practice smarter. Demonstration videos available at www.PistolPractice.com.

ABOUT THE AUTHOR

John Kolis is an Air Force veteran, long-time recreational shooter, and an NRA and USCCA certified instructor. He has extensive classroom and one-on-one teaching experience which led him to develop Pistol Practice. This book reflects his passion for teaching and his desire to share the joy of shooting, both target and practical, with shooters of all skill levels.

REVIEWS

“John makes practice both safe and fun. His exercises taught me how to practice effectively.”

“I worked with John every week for a year. He is an excellent instructor. My pistol shooting and confidence improved dramatically.”

