

Risk Management Plan - Adventure Race

An activity group is gathered at a base. An activity guide briefs the group about the race area and how to follow maps of the vicinity. Small groups of four (or so) participants race to complete group tasks by selecting a task, following a map to its location, completing the task (or not) and returning to base with photographic evidence.

Location: At the retreat venue and its surrounds

Leadership ratio: 1:16.

Typical time: 90mins

Activity-specific risks

Environment	People	Equipment
Poor weather	Unsafe act of participant	Equipment failure
Falling tree limb	Poor facilitation	Equipment mis-use
Dangerous fauna	Pre-existing medical condition	
	Adverse experience to tasks	

History of accidents

Since 2022, 22 participants have participated at Tempus in Adventure Race
 0 have been admitted to hospital
 0 have been taken to a medical centre
 0 have been treated for first aid

Likelihood/Consequence ratings

	1 Very Unlikely Has not yet happened	2.Unlikely Happens several times in 10 years	3.Likely Happens several times a year	4. Very Likely Happens once a week
3.Severe Injury Hospital admittance	3	6	9	12
2.Major Injury Medical centre	2	4	6	8
1.Minor Injury First aid	1	2	3	4

	Proceed		Proceed with caution		Do not proceed
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Contributing factors and raw risk score

Poor weather	Extremes of temperature and stormy conditions	9
Falling tree limb	Species of trees, canopy loads and recent rains	6
Dangerous fauna	Season, vegetation, water-sources and daylight	6
Unsafe act of participant	Experience levels and age	6
Poor facilitation	Fatigue, work-stress and group dynamics	6
Pre-existing medical	Diverse participants	6
Adverse experience	Experience levels and age	1
Equipment failure	Use, care, wear, storage and transport	3
Equipment mis-use	Diverse interpretation of manufacturers guidelines	3

Risk management strategies and managed risk score

Poor weather	Pre-activity weather checks, in-the-field observations	6
Falling tree limb	Identify trees of risk, manage group flow	3
Dangerous fauna	Prep site, lookout, good comms, aid kit	3
Unsafe act of participant	Setting boundaries, safety briefing, manage group flow	4
Poor facilitation	Staff management, training and development	4
Pre-existing medical	Alert lists, good comms, aid kit	3
Adverse experience	Facilitate 'challenge-by-choice' framework	1
Equipment failure	Pre-activity check, safety briefing, retirement policy	2
Equipment mis-use	Clear SOPs	2

Inherent risks

Environmental exposure

Other emergency management plans that potentially need enacting

First aid policy and procedures

Emergency response to a lost or missing participant

Emergency response to a severe injury or fatality

Crisis management plan

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