

# Telehealth

\$0 CONSULT TELEHEALTH

## Your Anytime, Anywhere Doctor's Office

Avoid waiting rooms and the inconvenience of going to the doctor's office. Visit a doctor or counselor by phone or secure video.

Pediatricians are available 24/7, and family members are also eligible. With \$0 consults, we treat over 50 common medical conditions including:

Acne / Rashes	Allergies
Cold / Flu / Cough	Constipation / Diarrhea
Ear Problems	Fever / Headache
Insect Bites	Nausea / Vomiting
Pink Eye	Respiratory Issues
UTI's / Vaginitis	And More



### Board Certified Doctors

U.S. board-certified doctors and licensed counselors with an average of 15 years of experience.



### Secure Consultations

Consultations are always convenient, private and secure.



### Convenient Prescriptions

Prescriptions can be sent to your nearest pharmacy, if medically necessary.



# Unlimited Counseling

AVAILABLE TO THE WHOLE HOUSEHOLD

## Assistance Balancing Home & Work

Unlimited Counseling services is a confidential resource that helps individuals deal with life's challenges and the demands that come with balancing home and work.

We provide confidential, professional referrals and face-to-face counseling session opportunities for a wide variety of concerns.

Anxiety	Depression
Marriage Problems	Relationship Challenges
Grief & Loss	Stress
Substance Abuse	Anger Management
Work Pressures	And More

## Confidentiality

Our Unlimited Counseling program upholds strict confidentiality standards. Nobody, including an employer, will know when employees have accessed the program unless specifically granted permission or there is a concern that presents the program with a legal obligation to release information.

## Technology

- Practical tools & resources to practice resiliency, mindfulness, and other skills
- Search engines for dependent care, education, legal, financial, and convenience services
- Secure video counseling through a private portal
- On-demand Education
- Bilingual content (English & Spanish)
- Mobile App
- Call/Live Chat with Counselors
- Video/In-Person Counseling

## Expert Consultations

Whether you are a new parent, a caregiver, selling your home or looking for legal advice, you're likely to need guidance and referrals to expert resources.

## Legal Assistance

Free telephonic or face-to-face legal consultation.

## Financial Assistance

Expert financial planning and consultation.

## Family Assistance

Consultation and referrals for everyday issues, such as dependent care, auto repair, pet care, home improvement and more.



# Pricing

## TELEHEALTH

**\$5.00 PEPM**

Employer Paid  
(minimum 10 employees  
enrolled)

### Telehealth

#### SERVICES INCLUDE

- Unlimited \$0 Consult
- Telemedicine
- Family coverage
- 24/7 Access

## UNLIMITED COUNSELING

**\$5.00 PEPM**

Employer Paid  
(minimum 10 employees  
enrolled)

### Unlimited Counseling

#### SERVICES INCLUDE

- In-the-moment Clinical Support
- Comprehensive Diagnostic Assessment
- 8 face to face visits per family member per issue.
- Short-Term Mental Health Counseling
- Mental Health Advocacy
- Technology Suite
- Financial and Legal

Contact us for more information!

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1-877-212-0076 (Mon-Fri: 9am to 5pm EDT)