# Country Dreams Farm CSA Chelmsford Special 2019 855 Brookline Rd. Mason, NH 03048 A CSA For Everyone!

Start small and work your way up the ladder. Know your Rewards.

Positive experience Abundance Nutritional Support local Food Movement Appreciate freshness and flavor Know your farmer Know your food



I grew up on a farm in West Virginia and when I moved here we found property in Nashua NH and started farming it. The seasons are shorter but the risk and the knowledge of farming is the same. You can have bad weather at any time, such as the wet Season of 2010 or the Dry Season of 2016. We are tired and exhausted at the end of the season but our customers and friends are all ways proud of all we accomplished and their CSA buckets are still flowing over the top.

### Why buy a CSA?

Quality of food, freshness and flavor
Eating with the seasons
Serving up the harvest (creativity)
Recipes
Preserving the harvest
Knowing your food source
So to give everyone a chance to participate this is what we came up with:

#### Harvest Shares

We are offering two sizes of harvest shares this season.

**Large Share:** (\$575.00) is designed for a family of four or five veggie eaters. Only the larger share will be appropriate for sharing. (Running 12 weeks, June 30 – Sept 15)

**Small Share:** (\$400.00) is designed for the smaller family of a couple or a couple with younger children or light veggie eaters. (Running 12 weeks, June 30 – Sept 15)

**Half Share:** (\$250.00) is Designed for one person or a couple with no children, or people who really don't eat a lot of vegetables. Half Shares are not designed for splitting.

Please have a back up plan if you will not be able to pick up your share (friend or family member) or your share can be donated to the Nashua Soup Kitchen. If informed in advance a double share can be picked up on a different week.

# **Country Dreams Farm**

855 Brookline Rd. Mason, NH 03048

Phone: (603) 882-3086 Fax: (603) 878-3737 E-Mail: drema@countrydreamsfarmnh.com

## 2019 CSA Application

Shareholder(s): (note: if you're splitting a share, second shareholder's info is required)

PLEASE WRITE LEGIBLY

Name:	
Address:	
Home Phone:	Cell Phone:
E-mail Address:	
Name:	
Address:	
Home Phone:	Cell Phone:
E-mail Address:	
Share Type:Smaller Shares: \$400.00Large Share: \$575.00Half Share \$250.00	Note:  The earlier you can pay the better it is for the farmer, a payment in December can be used to purchase seeds and other supplies, the benefit for you is that we can purchase more supplies allowing us to more efficiently provide you with a more plentiful harvest.
*NEW Member	fee \$25 (Waved if Payment Received by March 15th THIS YEAR ONLY)
Total Due: \$Credit Card (we'll call yoCheck #	to check availability) ou to process payment)
CSA Shareholders Agreemen	<u>t:</u>
I acknowledge and agree that quality produce through the g disease, early frost and crop that acknowledge and agree that the receive in my share. I underst	ship share in Country Dreams CSA for the 2019 harvest season. It although Country Dreams Farm is committed to providing high growing season, there are risks in agriculture (e.g. poor weather, drought, failure, etc.) that are ultimately shared by the members and the farm. I where is no guarantee of the exact amount or types of produce that I will tand that I (or my representative) am agreeing to pick up my share each ners Market. Please consider bringing your own reusable bags.
Signature:	Date:
Signature:(second shareholde	Date:Date:
	nail or fax this form with your payment. We will respond once we're in

receipt of your paper work.

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# **Produce List (Seasonal)**

## **Spring**

Arugula

Asian Greens (bok choy, tatsoi, etc.)

Beets Broccoli

Carrots

Chinese Cabbage Collard Greens

Kale

Kohlrabi

Lettuce

Peas

Radishes

Spinach

Swiss Chard

**Turnips** 

## **Summer**

Basil

Beans

Cabbage

Collard Greens

Corn

Cucumbers

Eggplant

Garlic

Lettuce

Melons

Onions

Peppers (sweet & hot)

**Potatoes** 

Summer squash

Tomatoes (cherries, heirlooms, plum, and oddballs)

## **Fall**

Asian Greens

Beans

Broccoli

**Brussels Sprouts** 

Cabbage

Chinese Cabbage

Collard Greens

Kale

Kohlrabi

Leeks

Lettuce

Rutabaga

Turnips

Winter Squash