

STAY HOME. SAVE LIVES.

D0:

- Stay home as much as possible (kids, too).
- Stay at least 6 feet away from others any time you are out.
- · Go out only for essentials (groceries, medical care).
- Exercise outside (hiking, biking)
 only if you can be 6 feet apart from others.
- · Have video and phone chats.
- · Drop food off to neighbors who can't go out.

3/23/20

Stay Home Save Lives



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DON'T:

- · Gather in groups.
- Get together with friends (no drinks or dinners).
- Have play dates for kids.
- Make unnecessary trips.

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