

HEALED

BY TRUTH

Dear Children,

When I was a child, my parents did not protect my innocence, and they did not teach me the truth about my worth and identity. It has taken me many years to find hope and healing, and I believe this hope and healing is what you need right now.

Many of you have had your innocence lost or stolen by the adults in your life who were supposed to love and protect you. Many of you have been lied to about your bodies, hearts, and souls. As a mother of many children, I feel this cannot be ignored or silenced. You deserve to know the Truth.

Many adults in this world are trying to tell you that you can create your own identity, and that you shouldn't trust God's plan and design for you. These ideas and these voices are very confusing.

I am writing to you dear children, asking you to be strong! When adults say confusing things, please know that God will never lie to you or confuse you. If you would like to hear God's voice, he is there waiting for you in the Scriptures, because he is the Word of God, and you can find him in the silence of your heart. Please listen to your heart, because it is God's greatest gift. Your heart will never lie to you about what true love really feels like.

You are made by God, in His image, and nothing in this world has the right to take that away from you. God's plan for you is from the beginning, from the first moment

of your existence and from the beginning of time. This plan contains a way for you to be happy forever, and you can trust this plan, even when things don't make sense, or your life becomes confusing.

If the adults in your life have lied to you, or confused you in any way, or if they have stolen your innocence, then they owe you a huge debt, which can never be repaid in this life. But they should start acting like adults. Adults should never expose you to inappropriate ideas, images, or behaviors. Adults should know these things are wrong. As children, you have the right to be protected from adult content, conversations, and bias.

I am writing to you today because I went through a lot of what you are going through, and it is terrible, lonely, and sad. I want you to know that you are not alone. If you are scared, or if you need help, go to an adult who you think you can trust. There are many adults who care about you, and who want to protect you, and teach you the truth. That truth starts when adults protect your childhood and your innocence, and do not expect you to think and behave like adults.

Please listen to your heart and do not settle for lies, and half-truths. You will only be happy when you discover what it's truly like to be *you*, and this cannot happen when adults are acting carelessly and irresponsibly and are not thinking about your future.

Dear children, do not be afraid to be the child that God created you to be, and above all, do not be afraid to remind the adults in your life that they need to be adults, and that you have a right to be a child. Remind them that you are God's child, so they can remember to be God's children too.

Love,

CARRIE  BUCALO

--A mom who cares about you very much.