

HEART 2 HEART



GETTING to KNOW YOU! (For child)

Name _____ AGE _____

What color/s/ make you smile?

What is an animal that you would like to cuddle up and read a book with?

describe your happy place?

What would a “favorite” day look like?

Do you have an imaginary friend? If so can you tell us about them?

Name 3 green things you like....

What do you like to draw?

A book you like to read is....

When is your birthday?

What are a few things you really like about yourself?

What fruit/s/ do you like to eat?

FOR PARENTS:

What growth work would you like me to address? (ex. sharing, chores, emotions, nutrition)