

# 2020 Virtual Ballet Summer Intensive Information Packet

Students will be immersed in dance with classes 5-7 hours per day, five days per week (Monday through Friday), learning from our world-class instructors. The intensive will be run thru Zoom, with class links provided before the first day of the program. \*NEW – there is now an in-studio option, as well. There are no auditions required, though dancers must submit audition photos with their application - headshot and 1<sup>st</sup> arabesque (or 1<sup>st</sup> arabesque tendu for dancers Ages 7-9)

Dancers are allowed to participate in one week or both weeks – we are now offering class and day rates as well!

# Fees:

- Application Fee (Waived for YBC Dancers)
  - o **\$25**
  - Week 1 (June 1-5) Age 7+
    - \$325, per YBC Dancer
    - \$350, per Non-YBC or Non-TADA Dancer
- Week 2 (June 8-12) Age 7+
  - o \$325, per YBC Dancer
  - o \$350, per Non-YBC or Non-TADA Dancer
- 2 Weeks (June 1-12), Age 7+
  - o \$600, per YBC Dancer
  - o \$650, per Non-YBC Dancer or Non-TADA Dancer
  - Class Rate (June 1-12), Age 7+
    - o \$30 per class
    - First-Come, First-Served
    - Must contact <u>balletprogram@dancetada.com</u> to reserve spot in class(es)
    - Dancers must register for their classes by the Saturday before the week they are taking (May 30<sup>th</sup> or June 6<sup>th</sup>). Dancers who are registered for the one-week or two-week options are guaranteed spots in each class. There is a 20 dancer maximum for each class.
  - Day Rate (June 1-12), Age 7+
    - \$100 per class
    - First-Come, First-Served
    - Must contact <u>balletprogram@dancetada.com</u> to reserve spot on specific day(s)
    - Dancers must register for their days by the Saturday before the week they are taking (May 30<sup>th</sup> or June 6<sup>th</sup>). Dancers who are registered for the one-week or two-week options are guaranteed spots in each class. There is a 20 dancer maximum for each class.

Questions? Please contact our Ballet Director, Elise Elliott, at <a href="mailto:balletprogram@dancetada.com">balletprogram@dancetada.com</a>



# Things to Know

## Dress Code

Leg warmers and ballet skirts are not allowed in classes. All girls will need pink tights, pink ballet slippers, and pink pointe shoes. All boys will need black footed tights and black ballet shoes. Girls may wear any color leotard on Fridays, and boys can wear any color shirt on Fridays.

	Ballet Technique, Pointe, Variations	Pilates, <mark>Floor Barre,</mark> <mark>Yoga,</mark> Gyrotonic, Conditioning	Contemporary, Lyrical, Modern	Musical Theater, Jazz	Music Pantomime
Girls	Black Leotard of Any Style (Any color leotard may be worn on Fridays), pink tights, pink ballet slippers or pointe shoes	Warmups are allowed to be worn over technique dress code	Black or Pink Footless Tights	Jazz Shoes and Black Jazz Pants/Shorts worn over technique dress code	Warmups are allowed to be worn over technique dress code
Boys	Fitted White or Black T-Shirt, Black Footed Tights, Black Ballet Shoes	Warmups are allowed to be worn over technique dress code	Black Footless Tights	Jazz Shoes and Black Jazz Pants/Shorts worn over technique dress code	Warmups are allowed to be worn over technique dress code

## *Please be sure your dancer has the following for the first day of classes:*

## Additional Items to Have

- Notebook and Pen
- TheraBand (preferably of Medium or Firm strength)
- Yoga Mat
- Tennis Ball (or other ball of similar size)
- Exercise Sliders/Gliding Discs (or something similar)

#### About Zoom

This year's program will be run through Zoom. You will receive your dancer's class links prior to the first day of classes on June 1<sup>st</sup>. Dancers are expected to be in class at the start of each class, in appropriate attire, and with as few distractions in their dance space as possible. The "chat" feature of Zoom is only to be used to communicate with the teacher, if the dancer is having connection issues or has a question (the chat feature is not to be used between students). We understand that dancers will be training in non-studio flooring, and teachers are aware of the limitations this poses to the classes (especially for pointe). Dancers are encouraged to train to their fullest, but to do so safely, as their health and well-being is most important to us.

#### NEW! In-Studio Option

- Monday, Wednesday, Friday All Levels have the option of dancing in-studio
- Tuesday and Thursday are fully Virtual, from home, for all levels and dancers
- Monday through Friday will *always* be offered Virtually
- Teachers will always be Virtual (via Zoom)

- One Assistant Teacher will be in each studio to make sure all safety precautions are being followed, and to help with corrections and technological troubleshooting
- Dancers already registered get first choice for the M/W/F in-studio option
- Must tell Ballet Director via <u>balletprogram@dancetada.com</u> by the Saturday before each week if they are planning to be instudio or virtual
- Not all dancers will be able to take in-studio, due to space and distancing restrictions
  - Sapphires and Emeralds: 10 Dancers Maximum (in-studio)
  - Diamonds and Rubies: 15 Dancers Maximum (in-studio)
- \*Waiver must be signed in order to participate in-studio
  - Contact <u>balletprogram@dancetada.com</u> to receive waiver

#### In-Studio versus At-Home

All Teachers in the Ballet Summer Intensive will be teaching via Zoom, regardless if a dancer is in-studio or at-home. Every class will be offered with the at-home student in mind. There is no downside of taking class at home, as the teachers themselves will be doing so! However, if you are interested in taking your classes in-studio, TADA will be offering a studio to a small number of students on Mondays, Wednesday, and Fridays during the Ballet Intensive (space is first-come first-served). If you are interested in your dancer taking class in-studio, please email <u>balletprogram@dancetada.com</u> as soon as possible.

#### Health Seminars, June 1<sup>st</sup>

ALL Registered Week-One Ballet Summer Intensive Dancers are required to take this Health Seminar on Monday, June 1<sup>st</sup>. This class is free of charge to all dancers, so day-rate and class-rate dancers are strongly encouraged to participate in this class. Dancers who are only participating in Week Two are also strongly encouraged to take this class. The Zoom Code will be sent to you!

#### Zoom Log-In Information

All Zoom Log-In information will be sent to you, via email, on Sunday, May 31<sup>st</sup> and Sunday, June 7<sup>th</sup>. There will be one log-in code, per level, so logging onto classes will be easy.

#### Lunch/Social Break

There will be a separate "class" titled Lunch/Social Break, per level. This class will happen during each level's lunch break. Dancers are strongly encouraged to eat lunch together and socialize, via Zoom, during this break!

#### <u>Attendance</u>

All faculty will be made aware of the dancers who are to be in each class.

Every evening, the Ballet Director will be going through the recordings of each class, to be sure that no additional, unregistered, students are taking class. If any unregistered students are taking class, they will be required to pay for the class.

#### Optional Orientation

- Friday, May 29<sup>th</sup> at 6pm, via Zoom
- Join Zoom Meeting: https://us02web.zoom.us/j/82111422295
  - Meeting ID: 821 1142 2295
  - o Password: 016044

Questions? Please contact our Ballet Director, Elise Elliott, at <a href="mailto:balletprogram@dancetada.com">balletprogram@dancetada.com</a>