

MARCH 2023

ALPHA MONTESSORI SCHOOL

LUNCH



816.942.5567

Wende@Alpha-KC.com School Manager
Or Tuition@Alpha-KC.com



Milk or water and bread served with each meal.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1 Spaghetti
Zucchini
Pears

2 Chicken Nuggets
Green Beans
Berries

3 Ham & Cheese
Sandwiches
Mixed Fruit
Cole Slaw

6 Chicken Noodle Soup
Grapes
Veggies

7 National Cereal Day
Cereal
Bananas & Apples
Bacon

8 Hamburger Sliders
Sweet Potato Fries
Apples

9 Ham & Bean Soup
Celery
Apple Sauce

10 Chicken Quesadillas
Lettuce
Tomato
Pears

13

Happy Spring Break

17



20 Eggs & Ham
Hawaiian Roll
Tater Tots
Oranges

21 Beef Soft Tacos
Corn
Mangos

22 Chicken Pasta
Celery
Peaches

23 Pizza Rolls
Tropical Fruit
Zucchini

24 Chicken Salad
Wrap
Carrots
Pineapple

27 Beanie-Weenies
Blueberries
Potatoes

28 Taquitos
Tater Tots
Peas
Strawberries

29 Blueberry Pancakes
Sausage Patty
Watermelon

30 Fish Sticks
Baked Beans
Cauliflower

31 Chicken Caesar Salad
Tomatoes
Bananas
Strawberries