

# Microneedling

## *Post-Treatment Care*



Keep your skin well-hydrated by drinking plenty of water.



Apply a hydrating, non-comedogenic moisturizer to maintain skin moisture.



Continue using sunscreen daily to safeguard your skin from UV damage.



Avoid swimming in chlorinated pools for about one week.



Refrain from hot baths and vigorous exercise after microneedling.



Refrain from applying makeup for at least 24 hours post-procedure.

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Aqua Pura Spa