



**Cornwall**  
Rugby Football Union

[www.crfu.co.uk](http://www.crfu.co.uk)

# The Maul

August/Sept 25 Newsletter

***The CRFU are delighted to announce our new Patron..***

## **FLOYD STEADMAN OBE DL Hon D Ed**



Floyd has led an incredible life that has been well documented in the media and in his book, "A Week One Summer". His parents came to the UK in 1956 as part of the Windrush Generation, answering the call to help rebuild the motherland after the destruction of the Second World War.

His family along with many others suffered racism and discrimination, while Floyd also had an abusive father, whom his mother left. His father rejected him and he spent 7 years in care from the age of 10.

Floyd developed a love for rugby at school and eventually attended Borough Road College to train as a PE Teacher. His rugby career is most closely associated with Saracens Rugby Club who he began playing for in the late 1970s.

He quickly established himself as a gifted scrum-half becoming the first black captain of a Premiership rugby club when he led Saracens at the age of 23. Floyd played a total of 469 Saracens games and is a member of Saracens Hall of Fame.

Floyd's wife was a Madron girl, Denise Friggens, who sadly died in 2016. With Denise's sister Sally married to Phil Westren, Floyd played several games for the Pirates, once playing for Saracens against Northampton before turning out for the Pirates against St Ives the next day having travelled straight down after the game. Floyd also played for the Barbarians and Middlesex, captaining them in the 1989/90 County Championship semi-final against Cornwall at Redruth. The game was drawn but Middlesex went through on most tries scored.

When Floyd's Rose Award was conferred on him by the RFU Council in 2023 he became the sole recipient of this annual recognition of a "remarkable contribution to the game".

Parallel to his rugby career Floyd has enjoyed a very successful career in education holding positions as a Deputy Headteacher and Headteacher at several schools.

Floyd was awarded the OBE in the first of King Charles's New Year's Honours Lists in January 2023 for services to rugby, education and charity.

On retiring to Cornwall Floyd lives in Ludgvan close to his Cornish family. He was recently appointed a Deputy Lieutenant, supporting the Lord Lieutenant in Cornwall, and sometimes deputising for him. The Lord Lieutenants are representatives of the King for each county in the UK and, with Floyd's expertise in education and sport, he is an immense asset to the life of Cornwall.

Floyd continues to travel and give talks stressing the need to continually challenge perceptions, break down barriers, and address unconscious bias within ourselves and our community. "I love what I do and I hope I can continue to make a difference. I suffered racial abuse when I was playing, and throughout many periods of my life, and I'm dedicated to trying to change people's perceptions and attitudes"

### **New CRFU Senior Men's Team Manager is also appointed - Alan Church**

CRFU are delighted to welcome Alan Church as the County's Senior Men's Team Manager. After a career in the Royal Navy spanning 37 years, Alan has spent the past 17 years working with the Royal Navy Rugby Union (RNRU) initially as Secretary, and latterly as their Sports Development Officer. Throughout this time he has gained extensive experience in the many facets associated with management of a Constituent Body and is also vastly experienced in the planning and execution of fixtures. Through this work, he formed strong bonds with the players and coaches of all five RNRU representative teams. Alan first moved to Cornwall in 1982 and, after a spell away, returned and took up permanent residence in 2007. We are delighted to welcome Alan onboard."



# Chairmans Chatter



With the Women's RWC starting on Friday 22nd August, last season's Senior and Super Cup Finals, played in glorious sunshine on the next day and pre-season warmup games being staged throughout Cornwall, the rugby season is galloping quickly towards us.

Record crowds are already guaranteed for the tournament and a rampant England began their campaign with a thumping win over the United States. The Women's game in Cornwall is developing and expanding rapidly and a plethora of watch parties at many clubs cheered a dominant Red Roses team to victory

There are many more games to come all being shown on terrestrial television and culminating in the final on Saturday 27th September at a sold out Allianz Twickenham Stadium.

Several Cornish Women's Rugby teams cover the length and breadth of Cornwall. A further article in this newsletter highlights these clubs, sign posting players to clubs that may best suit their current level and future playing aspirations.

On Saturday 23<sup>rd</sup> August a sun-drenched Wadebridge played host to the two cup finals held over from last season.

In the CRFU Tribute Cornwall Cup Final Bude went down to Truro 19 – 31. This season Truro play in Counties 1 Tribute Ale Western West while Bude play one league lower in Counties 2 Tribute Ale Cornwall

The CRFU Tribute Super Cup Final was taken by Wadebridge Camels who defeated league higher Launceston 37 – 25. Camels will again be in Regional 2 Tribute Ale South West while Launceston play one league higher in Regional 1 Tribute Ale South West

Remember the CRFU have no ground of their own so play Cup Finals at club grounds. Last season Finals days were held at Falmouth, Hayle and Wadebridge. These are all pay affairs even for members of these clubs.

***Every penny paid in entry is re-distributed to participating clubs and is a valuable source of revenue.***

As we enter the first week of September many clubs will have completed their pre-season warm up games. With league games up next this is always an exciting time of the year for clubs as they prepare themselves for their first test.

If you want to see fixtures for all Cornish cubs and keep up to date with league tables through the season for both Women and Men visit the CRFU fixture page  
<https://www.crfu.co.uk/competitions/fixtures-results-league-tables/>

The CRFU wish all of our Cornish clubs a successful and injury free season.

***Onen Hag Oll***

**Steve Murley – Chair CRFU:** [chair@crfu.co.uk](mailto:chair@crfu.co.uk) / 07802647052

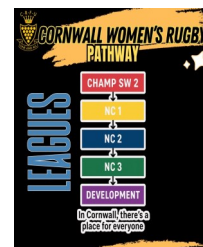
# Women's Rugby

What an incredible opening weekend to the Women's Rugby World Cup! The atmosphere has been electric, and none more so than the standout victory over the USA, a performance that truly set the tone for the tournament.

If you've been inspired by the action on the world stage, there's a place for you in rugby right here in Cornwall. Our clubs are always looking to welcome new faces, whether you're keen to play, coach, lend a hand with admin, or support on the medical side.

Take a look at our player and volunteer pathway to find the club that's the best fit for you – and come be a part of our rugby family.

*Jo Holden / CRFU Women's Lead*



**CORNWALL WOMEN'S RUGBY PATHWAY**

**NATIONAL CHAMPIONSHIP 2 SOUTH WEST**

FOR MORE EXPERIENCED PLAYERS WHO WANT TO CHALLENGE THEMSELVES IN A HIGHER LEAGUE.

- FASTER PACE AND HIGHER SKILL LEVEL.
- PERFECT FOR THOSE AIMING TO RAISE THEIR STANDARD OF PLAY.

Logos for Truro Ladies and Penryn are shown at the bottom.

**CORNWALL WOMEN'S RUGBY PATHWAY**

**NATIONAL CHAMPIONSHIP 1 SOUTH WEST**

THE HIGHEST NC LEVEL FOR CORNISH TEAMS.

- PLAYERS COMPETE AT A HIGHLY COMPETITIVE LEVEL, PUSHING THEMSELVES AGAINST STRONG OPPOSITION.
- IF YOU'RE READY FOR A REAL TEST, THIS IS THE LEAGUE TO BE IN.

Logo for Penryn is shown at the bottom.

**CORNWALL WOMEN'S RUGBY PATHWAY**

**NATIONAL CHAMPIONSHIP 3 SOUTH WEST**

FOR PLAYERS READY FOR MORE COMPETITIVE GAMES.

- A GREAT STEP UP FROM DEVELOPMENT LEVEL.
- BUILDS CORE MATCH EXPERIENCE AGAINST OTHER CLUBS.

Logos for various clubs are shown at the bottom.

**CORNWALL WOMEN'S RUGBY PATHWAY**

**INNER WARRIOR**

FOR THOSE NEW TO RUGBY OR PLAYERS WANTING TO BUILD CONFIDENCE AND EXPERIENCE BEFORE JOINING A LEAGUE.

- FOCUS ON FUN, FITNESS, AND LEARNING THE GAME.
- A WELCOMING ENTRY POINT INTO WOMEN'S RUGBY.

Logos for Penryn, Truro, and another club are shown at the bottom.

**CORNWALL WOMEN'S RUGBY PATHWAY**

**WOMEN'S CHAMPIONSHIP SOUTH WEST (WEST) 2**

THE HIGHEST COMPETITIVE CLUB LEAGUE IN CORNWALL RIGHT NOW.

- FOR PLAYERS WANTING TO PUSH THEMSELVES AGAINST TOUGH OPPOSITION.
- A CHALLENGING, PHYSICAL LEAGUE.
- SHOWCASES THE MOST AMBITIOUS PLAYERS, RAISING THE STANDARD OF THE WOMEN'S GAME IN CORNWALL.

Logo for Launceston Rugby Club is shown at the bottom.

# Volunteer Development

## Coaching Courses

All courses throughout the year can be found on the link tree below:

<https://linktr.ee/EnglandRugbySouthWest>

### Cornwall courses

England Rugby Coaching Award (ERCA)

[Hayle Academy- 4.10.25](#)

[Launceston RFC- 30.11.25](#)

Principles of Scrummaging

[Truro RFC- 1.10.25](#)

Principles of the Lineout

[St Ives RFC- 17.9.25](#)

[Truro RFC- 15.10.25](#)

England Rugby First Contact

[Bude RFC- 8.9.25](#)

[Penryn RFC- \(Cornwall Development day\)- 12.10.25](#)

England Rugby Tag

[Truro RFC- 10.9.25](#)

The ERCA will be delivered in two windows, which are clearly indicated when booking. The ER First Contact course will also take place over two evenings, with dates available during the booking process.



## CRFU 2025 DEVELOPMENT DAY

ON SUNDAY, OCTOBER 12, CRFU WILL HOST OUR ANNUAL DEVELOPMENT DAY. THROUGHOUT THE DAY, MULTIPLE SESSIONS WILL BE CONDUCTED TO ALLOW RUGBY PARTICIPANTS TO REFRESH AND DEVELOP THEIR KNOWLEDGE.

Courses will be running from 09.30

**Sunday  
12th  
October  
2025**



Penryn RFC  
The Memorial  
Ground, Kernick  
Road, TR10 8NT



Development day courses include:

- Skills Development - Catch and Pass
- Skills Development - Kicking
- Ready2Ref
- GMS Workshop
- Play it Safe
- Coaching Skills Clinic
- First aid
- T1

### How to Book

Bookings will be either through GMS or directly with CRFU.





# Discipline Reminders..

## How We Operate:

The CRFU has delegated authority to hold disciplinary hearings within the County and the work of the Disciplinary Panel is governed by [RFU Regulation 19](#) with Age Grade Rugby covered in [Appendix 6](#).

- **The Discipline Committee** consists of a Chair and 8 others who meet as appropriate during the season.
- The **Discipline Panel** consists of no more than three people who hear the cases and decide on the appropriate sanction. They deal with cases from Level 5 down.
- The Discipline Panel has a wide range of rugby experience to deal with the issues involved and the Discipline Secretary works closely with the clubs and RFU Discipline to ensure fairness to offenders and importantly safety to the 'victim'.

Age Grade Rugby discipline is managed by the appropriate clubs or school.

## The Process

The Discipline Process is contained within [Regulation 19](#) of the RFU Rules and Regulations.

- The regulations deal with not only players, but **coaches, clubs, their members and spectators**.

The sanctions that can be imposed are set by the RFU and the panel and members receive regular training and accreditation.

## CRFU Secretaries (To receive Reports)

Red Card reports to be received by the appropriate Discipline Secretary no later than 9 am on the second day of match being played.

Clubs to advise the CB Discipline Secretary of any red cards (including for 2 yellow cards) shown to their players within 48 hours of end of game. Also please advise of Name of Player, Date of Birth, RFU ID number and whether the player accepts the red card or not. Also the name of the referee (if known). This is so I can chase up any reports.

A reminder that any player shown a red card is automatically suspended with immediate effect.

**CB Discipline Secretary:** *Bill Hooper, email: [ruckinred@gmail.com](mailto:ruckinred@gmail.com)*

**CB Age Grade Discipline Secretary:** *Jane Bell, email: [janebellcornishrugby@gmail.com](mailto:janebellcornishrugby@gmail.com)*

**CRISP** >

COMMUNITY RUGBY INJURY  
SURVEILLANCE AND PREVENTION PROJECT

2025-26 SEASON

# INJURY DATA WANTED!

The CRISP Project team is hungry for injury data to help us develop our understanding of injuries across all levels of the English community game.

We seek data from the following teams:

- **Adult Male Community**  
- National, Regional & Counties Levels
- **Adult Female Community**  
- Championship & National Challenge Levels
- **Age Grade Boys and Girls**  
- Clubs, schools, colleges (U13-U18)

Submitting your injury data helps us to improve player safety. It allows us to understand the:

- Continued impact of the lowered tackle height on injuries
- Differences in injuries across age groups
- Differences between the male and female game

**LEARN MORE.** >>>>>

REGISTER YOUR TEAM. SUBMIT YOUR DATA.





# CORNWALL COMPETITIONS



A big thank you to all those who attended the Clubs competitions meeting on Wednesday at St. Austell, I was really pleased with how many clubs were represented.

## CRFU CUP COMPETITIONS – 1 season trial

It was decided that the revamped model for all cup competitions will be decided on League positions, at the Christmas break your team, 1<sup>st</sup> or 2<sup>nd</sup> XVs will be placed in the following competitions

C3 league and bottom 4 of C3C + invited fringe teams will play for the Duchy plate and Duchy vase

C3C top 4 and C2C bottom 8 will play for the Duchy cup and shield

C2C top 4 and bottom of C1WW will play for the Clubs cup and shield

C1WW top 2 and regional 1 and 2 will play for the super and senior cup

The hope is to make the competitions level with all teams playing around their ability, the rules will be tweaked but if a club team gives a walkover then they will not take part in any future rounds, this will also effect your dividend, all money the CRFU make on the cup competitions finals are, as I hope you know split between the clubs who compete in them, usually worth around £200.00 per club.

This is a historical move, previously only club 1<sup>st</sup> XV's have been allowed to play in the clubs cups, but with the changing landscape of rugby, it was felt a new approach needed to be adopted, if this is successful then a policy change will be needed going forward.

We have also taken on board the feedback from the clubs regarding communication, social media posts, results and finals day's venue's, this is on the actions list for the management board.

## LEAGUE RUGBY – C3C

We have seen many challenges over the last two seasons, the game completion rate was at an all-time low last season.

It was decided to split C3C into a top 8, this will continue to be called C3C and be fully regulated by the EML (England men's leagues), the other 8 teams will be put into the C3 Cornwall league cup competition, the CRFU still have the league cup which was last played for in the 90's, before the formation of the current RFU leagues.

This will create a number of spare weeks (structured calendar sent via email to clubs), we are encouraging clubs to make further fixtures on these dates if you wish, any game played outside of the league will then be treated as a Cornwall merit table game, these will be recorded on a separate table and the winner at the end of the season will be presented the C3 shield, Lankelly-Fowey were the winners last season, we hope this will help some of the more established clubs who are used to playing 22 league games in a season.

## FRIDAY NIGHT PLAYING OPPORTUNITY'S

On the back of last season's successful Friday evening games between Newquay and Bodmin, we have fixtured in some additional playing opportunities, these are for the clubs who have excess players, but not enough to enter any of the structured competitions, we are asking for clubs to host one or more of these dates, we can then promote it, there is also talk between some clubs of a Wednesday evening competition? I am happy to hear of this proactive approach and again any club or club wishing to discuss competitions I am more than happy to get involved and help.

Lee Maher

07720 826664

C2C League secretary [c2c@swrugby.co.uk](mailto:c2c@swrugby.co.uk)

C3C League secretary [c3c@swrugby.co.uk](mailto:c3c@swrugby.co.uk)

CRFU Chairman competitions

CRFU youth competitions



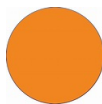
## Game confirmation code of conduct

Dear Match Day administrator,

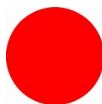
We are asking all clubs to sign up to this code of conduct, it will greatly help with teams not getting game time and increase the communication between teams and clubs.



Both clubs confirm there are no problems with the forthcoming match – CONFIRM BY 8PM ON THE TUESDAY.



If a club has a potential problem with the forthcoming game, this is communicated – NO LATER THAN 8PM ON THE WEDNESDAY



A fixture cannot be fulfilled - NO LATER THAN 8PM ON THE THURSDAY.  
If a club cancels a fixture later than that then they may be liable for sanction, points deduction, or a charge from the non-offending club for match day food if it has already been sorted out.

Good communication is key, this will help match day organisers find replacement games, C3C games can be postponed, please make sure you always inform the competitions lead.

Lee Maher [leemaher@btinternet.com](mailto:leemaher@btinternet.com)

07720 826664

## ***The funny side of rugby.....***

CRFU Treasurer asks us a Math question?

Who on the management board could guess the amount of pasties that the CRFU bought for all the county events and finals days, for the 24/25 season?

Its amazing how competitive we all got, but a round of applause went to Alan Milliner, who's guess of 1,950 was the closest.

In fact we bought 2,166..

That's a lot of pasties!



## RESOURCES:

(click on each heading to be directed to the relevant page of the website)

After your club's AGM, there could be changes to volunteer personnel.

**Please be aware, the Game Management System (GMS) is the primary source of information for the RFU to find key contacts at your club or CB (e.g. the Community Game Update).**

**Therefore, it is important that your GMS Golden Roles are updated with any personnel changes or contact details; and the appropriate level of GMS access is provided for the volunteer to be able to perform their role.**

If you are not sure how to do this, please see the links below explaining what Golden Roles are and how to update them and the access level permission required:

- **What are Golden Roles and how do I allocate them? -**

<https://help.rfu.com/support/solutions/articles/103000064096-what-are-golden-roles-and-how-do-i-allocate-them->

- **How do I assign or remove roles? -**

<https://help.rfu.com/support/solutions/articles/103000063997-how-do-i-assign-remove-roles->

- **How do I assign permission levels? -**

<https://help.rfu.com/support/solutions/articles/103000063991-how-do-i-assign-permission-levels->

- **How do I remove a permission level for a user?**

<https://help.rfu.com/support/solutions/articles/103000064032-how-do-i-remove-a-permission-level-for-a-user->

Please seek further assistance via the [Community Rugby Help](#) or raise a ticket to the GMS Help Desk through the Feedback tile.

## Useful links:

Community Help Platform:

<https://help.rfu.com/support/home>

Submit Help Request:

<https://help.rfu.com/support/tickets/new>

Platform 4 Rugby (lots of adult registration webinars):

<https://www.youtube.com/@platform4rugby>

If you would like to submit an article or club event to our bi-monthly newsletter, we would love to hear from you.

Email: [janebellcornishrugby@gmail.com](mailto:janebellcornishrugby@gmail.com)

Newsletter schedule:

October, December, February, April, June, August

