

Shade in each pie slice to the degree you are satisfied in that life area . Consider each category individually. After you have finished each category examine the pie as a whole.
Answer the following questions: Where have you been concentrating your attention and efforts in your life? Why?
What areas of your life could use more attention?
What effects have there been in your life due to where you have been placing your attention? Positive & Negative.
What three things could you change or implement that would have the greatest positive affects on your life?