

#### Bennett and Dennis Herrick Memorial American Legion Post 626 Gladstone, MO.



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#### QUARTERLY NEWSLETTER

#### 1 April 2019

Web Site Address www.al626mo.com

Facebook Address facebook.com/Post626MO

This newsletter is available to view on our website

#### **Upcoming Meetings**

Meetings are held every 3<sup>rd</sup>
Thursday in the Gladstone
Community Center, 6901 N
Holmes St., at 1900 Hrs. (7 PM)

18 April 2019 16 May 2019 20 June 2019

Submit articles and pictures for the Newsletter by email to the Post (Subject: Newsletter) two weeks prior to Quarterly publishing. All submissions subject to editing.

#### **Commander Says:**

Thank you everyone for the outstanding activities over the last quarter! We didn't have a lot going on but some of us stayed busy with the Centennial, Boys and Girls States, Rotary Breakfast and administrative duties.

With that in mind I would like to bring up an old saying, "If not you, who?" If you think why bother, "someone" will do it, or be there, or represent us, or know what to do, you're right. "Someone" will usually be the lone person to accomplish that task, to represent 200 local members.

Unfortunately, it will be the same "Someone" who accomplishes other tasks as well. While I do appreciate what everyone's membership allows us to do nationally, I'm grateful for and humbled by what "Someone" does over and over again locally.

"Someone" needs your assistance. To that end the Executive Committee and I are working on a Post Handbook that lays out what we do and some of the things we could do if you step into the breech. Until then there is always the website. See something interesting? Become "Someone"!

It is a requirement that we announce candidates for officer and Executive Committee positions at the April membership meeting. If you have your eyes on a position, please contact me before that to get the scoop.

#### **New Members**

#### Welcome to:

Two new members, James Terry, a Vietnam era veteran and Quinn Gregg, a Persian Gulf era Veteran were both in the Navy; and representing the Army is Richard Patterson, a Vietnam era Veteran.

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#### **Congratulations**

Kim Murch, Nelson Duncan and Jerry Braton have completed Gladstone's "Future Leaders Academy". They received a comprehensive look into the inner workings of the city. If you're wondering what keeps Gladstone ticking just ask them! And then there is also our resident Councilman RD Mallams. He probably knows a thing or two...

#### **Membership**



We have about 16 members who have not renewed and who we cannot contact; bad phone number, no email, won't respond to mail. But even so, our membership team has brought us close to the 100% of goal mark with transfers and new members. We just need the last remaining holdouts who are already 3 months past due to get caught up. Please mail your \$35 to the Adjutant. (Contact info in header)

So, a reminder, a membership year is 1 January to 31 December, regardless of when you joined. You will start getting renewal notices in

JULY, please answer the first one!

The sad part of this is some have probably transferred to Post Everlasting and we just don't know it. I hope you all are keeping your eye's open for new members. Talk to Veterans about what we do and how we do it. Give them our card so they can go online and check us out. Have an application on your person so YOU can close the deal.

One last reminder, Department is raising it's share of the annual dues so the total cost to you for the 2020 membership year is \$40, up from \$35.

#### **Social Activities**

You are invited to attend activities with other Post members just to hang out and socialize. No uniform caps or business conducted, just networking. Our Second Vice David Bowman will put these out at the meeting prior to the actual date and in the newsletter if we know them that far out. Our upcoming activities are:

Join us for breakfast at a cub scout pack fundraiser, 14 April at 0900 Hrs. Gashland United Methodist Church, 7715 N Oak Tfwy. (Flyer attached)

Join us for Taps at the Tower for the annual week-long tribute to the fallen. We will be gathering at The National WWI Museum and Memorial up on the courtyard before dusk on June 20<sup>th</sup>. There will <u>not</u> be a Membership Meeting that night. https://www.theworldwar.org/visit/taps

It is our hope to coordinate occasional gatherings so that we can get to know each other a bit better and just have a good time. If you have any idea's please send them to David Bowman at the Post email.

#### <u>VA&R</u> Douglas Millison

I attended the Kansas City VA Voluntary Service Board Meeting, March 14, 2019. Great meeting where I learned a lot. Like:

- 1. Jackie Bifford, My Health-e-Vet Coordinator My HealtheVet has two new Apps that can be downloaded. These are web based so they can be used from a computer or hand-held device. One is an Online Scheduler which allows you to schedule appointments with your Primary Care Team directly, or request to schedule an appointment at a Mental Health Clinic. The other is VA Video Connect (VVC) which allows you to video chat with a provider instead of visiting the hospital. Look for the Mobile Apps button at <a href="www.myhealth.va.gov">www.myhealth.va.gov</a> for all of the VA's available Apps.
- 2. Andrea Simpson, Intimate Partner Violence Coordinator The Intimate Partner Violence program includes "Strength at Home, a 12-week program that addresses the victim and the aggressor.
- 3. Patrick McCraney, Group Practice Manager There are lots of changes coming to the VA as a result of the new "Mission Act" standards
  - To Receive Community Care
    - o Required services are not available
    - You reside in a State without a full service VAMC
    - o You reside outside of the 40-mile radius (held over from choice act)
    - o It is in the patients best medical interest due to hardship
    - o Current service line not meeting VA standards for quality
    - Drive time/Wait time
      - Primary Care (PC) Mental Health (MH) and Extended Care services are outside a 30-minute drive time average
      - Specialty Care (SC) outside a 60-minute drive time average

- PC MH and Extended Care services exceed a 20-day wait period
- SC exceed a 28-day wait period average
- Urgent Care Standards (Not ER)
  - Must select a provider in our VA's Community Care Network
    - Contracts not yet complete to list the providers
  - o Co-Pay is \$30 per visit
    - Priority level 1 5 get the first 3 visits per year free
- 4. Angela Nix, Assistant Director Construction updates
  - Garage Fall 2019, 230 spaces, must wait 1 year before expanding
  - Front entrance Early 2020 (January?)
  - GI Clinic Early 2020
  - Mental Health Adding onto back of building, summer 2020
    - o Unsure if that was completion date or start date
  - ER Phase II Early 2020, 8 more exam rooms
  - MRI Fall 2019, moved up to 2<sup>nd</sup> floor with rest of radiology
  - 9th Floor Early 2021, Move Podiatry, wound, vascular clinics there
  - 10<sup>th</sup> Floor Early 2020, Remodel 6,800 SF
  - Valor Building elevator refurbish On last elevator now
  - Fisher House Will start in 2020, Raised \$400,000 so far but need more support in fundraising. DAR has pledged \$100,000 for the 3 planned houses in MO.

Assistant Director is looking for feedback on what your experiences are with the changes at the KC VAMC. (Tell Doug M.)

#### 5. New Business

- Volunteer Opportunities
  - o Escorts, late afternoons 1400 1630
  - o Red Coat Ambassadors, Hallways and Lobby's, Days/eve's/weekends
  - o Clothing Room, Wednesdays and Thursdays
  - All other Volunteer slots as needed (see VAVS Coordinator)
- Heart of America Stand Down St Michaels Veterans Center June 7<sup>th</sup> (Set up 6<sup>th</sup>)
- The Travelling Wall will be in the Harrisonville City Park 27 June
- DAR Hike & Bike in support of Fisher House 21 September 2019. Multiple start points on Katy Trail

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We also received a thank you for our participation in the St. Michaels fundraiser luncheon:

Greetings....Congratulations are in order....

The 5th St. Michaels Veterans Center Benefit is now history and was another success.

In no small way, you are most assuredly part of the reason this program has continued to grow and benefit the veterans at St. Michaels. You are a valued supporter and we simply say "Thank You" for your contribution.

We are happy to report the event netted over \$15,000 toward our goal of providing apartment living needs and in-house counseling. It takes lots of people saying "Yes" to make the day work and your "Yes" along with all the rest made it all worthwhile.

Again, thank you for being a part of the success and we trust your support of St. Michaels will continue into the future.

Warmest Regards
The St. Michaels Veterans Center Benefit Committee
Carl Kent, Ron Wheeler, Brian O'Laughlin, Art Fillmore and Marsha Mooney

#### **Conference/Convention Notes**

Commander

Spring conference was not well attended due to the storm we had that Friday. It took me 5 hours to get there, and I also realized it should not have been attended by me either. Won't make that mistake again.

Our issues with sagging membership numbers resulting in sagging budgets were discussed at length. I think the only thing you may witness is the dues increase for 2020 (raised to \$40) and Department will not publish the spring issue of the paper, but there are many things going on behind the scenes to tighten the belts. Executive Committee members have already given up round trip mileage reimbursements for one way for instance.

As always, what can YOU do about it? Recruit one member. Volunteer to work on the membership committee. Talk about what The American Legion does to other Veterans.

Department convention is coming up in July and National in August. Find details here: <a href="https://www.missourilegion.org/conv-and-conference-info">https://www.missourilegion.org/conv-and-conference-info</a> and here: <a href="https://www.legion.org/convention">https://www.legion.org/convention</a>. Please let the Adjutant know if you plan on attending either event.

#### **District Meeting Notes**

Commander

The main things to come out of District meeting was filling officer and committee slots for next year. Yours truly was nominated and elected by acclimation for District Commander. The only committee chair not filled was Oratorical. If you are interested please let me know!

#### **Member Contribution**

A friend of a friend who owns Squid's Pressure Washing in Gladstone has gotten so busy, he's looking for help and prefers veterans or retired folks. The link to his website is <a href="https://www.squidskc.com/">https://www.squidskc.com/</a>

(This is a veteran owned business, so if you want your house washed...)

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#### **Taps**

It is our sad duty to report that the following Legionnaires have been transferred to Post Everlasting:

Dale Glaspie, a 14-year Legionnaire and Army Veteran of the Vietnam war era. Gerald Townsend, a 6-year Legionnaire and Army Veteran of the Korean war era.

**Upcoming Events** 

(More great ways to socialize with fellow Legionnaires and their family's!)

2 Apr, VOTE. Security issue on the ballot for Gladstone residents, see insert

14 Apr, Pancake Social, Gashland United Methodist, 0900 Hrs. (Casual) see insert

4 May, Elks Scholarship Breakfast, 0800 Hrs, 7010 Cherry St.

7-8 May, 46th annual Truman Pilgrimage, Independence MO., see insert

9-10 May, 100<sup>th</sup> Anniversary of the St. Louis Caucus will be celebrated.

9th, Social with Guests of Honor

10th, Ceremony at 1000, Luncheon at Missouri Athletic Club

Block rooms available, see insert

27 May, Memorial Day Ceremony at Clay County Veterans Memorial, 1000 Hrs

7-8 Jun, Bluesfest

15-22 Jun, Boys State

20 Jun, Taps at the Tower, National WWI Museum and Memorial, 2 Memorial Dr. KCMO

22-29 Jun, Girls State

11-14 July, Dept Convention in St. Louis (Centennial Celebration), see insert

23-29 Aug, National Convention in Indianapolis IN. (Centennial Celebration), see insert

15 Sep, Centennial Brick laying ceremony, National WWI Museum and Memorial

4-6 Oct, Gladfest

EVERYONE is more than welcome at any of these events and activities, including family! Please contact the Commander for any additional details.

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#### The Past Quarters Photo's



Boys State application review

Basic Training pin award



St. Michaels benefit luncheon

Local VIP's at Centennial proclamation reading



Centennial Cake



Salute to Women Veterans

#### **Mentioned Inserts**

#### **VOTE YES April 2 -- Shaping Our Future**

Shaping Our Future is the name given to a citizen-based strategic planning effort that started in Gladstone about 2 years ago. This effort brought together a diverse group of over 100 residents, neighbors, and business owners. Their mission: to identify and prioritize challenges and needs in Gladstone and chart a future vision for addressing these needs.

Based on a comprehensive review of Law Enforcement, Fire, EMS, and general employment trends, and the increased demands being placed on the current workforce, there is a *real need for additional resources to maintain the safety, services, and exceptional personnel Gladstone residents expect and deserve*.

Shaping Our Future and the City Council debated and researched a number of solutions before deciding that asking voters for a **1/2 cent general sales tax increase** was the most fair and viable option to accomplish **three priorities:** 

**Construct a new police station.** The current station has been in the basement of City Hall since the 1960s and was last renovated in 2005. It is functionally outdated and does not meet the needs of a modern police department.

**Renovate Fire Station #2.** Located at 6569 North Prospect, Fire Station #2 was constructed in 1971. The barracks-style sleeping quarters are no longer adequate to meet the needs of our paramedics/firefighters. These arrangements result in qualified applicants turning us down.

**Provide competitive pay opportunities for our personnel.** There is extreme competition for the best officers, paramedics, and maintenance personnel and fewer participants in law enforcement and fire academies, and paramedic programs. A hiring challenge exists in the City which mandates more competitive benefits in order to effectively recruit and retain the high caliber personnel our community expects and deserves.

Annual costs to achieve these goals is \$1,700,000. Voter approval of a 1/2 cent general sales tax will raise an estimated \$1,720,000 annually to fund these priorities. This means you will only spend an additional 5 cents for every \$10 or 25 cents for every \$50 spent in Gladstone. 38% of the sales tax collected in Gladstone is paid by non-Gladstone residents.

#### These funds will:

- + Ensure the safety of Gladstone residents and their property
- + Improve response times to emergency calls for Fire, Police and EMS
- + Create a more visible presence of patrol officers in the community
- + Maintain aggressive neighborhood and community policing programs
- + Establish a recruitment and retention system to allow Gladstone to effectively compete for the best personnel to serve our community and keep us safe

#### **PLEASE GET INVOLVED!**

- √ Share with friends and neighbors how important it is to pass this tax
- ✓ Place a sign in your yard (for information contact Tina Spallo @ 816-739-6471 or Tina.Spallo@gmail.com)

**EVERY VOTE COUNTS: VOTE YES APRIL 2!!** 

**PANCAKE BREAKFAST**& SILENT AUCTION



APRIL 14th \$5 / person

9:00am - 1:00pm

GASHLAND UNITED METHODIST CHURCH
7715 N Oak Trafficway
Kansas City, MO 64118



Come support your local
Cub Scout Pack!

All proceeds go towards funding youth activities.

For more information please contact:
Nathan Mattenlee (816)916-1494
pack721.committeechairman@gmail.com





★ DEPARTMENT OF MISSOURI, INC. ★ PO BOX 179 ★ JEFFERSON CITY, MISSOURI 65102-0179 ★

★ (573) 893-2353 ★ (800) 846-9023 ★ FAX (573) 893-2980 ★

★ E-MAIL: info@missourilegion.org ★ WEBSITE: www.missourilegion.org ★

#### FORTY-SIXTH ANNUAL TRUMAN PILGRIMAGE

The annual Truman Pilgrimage of the American Legion and its Auxiliary Organization under the auspices of the Tirey J. Ford Post 21 will be held May 8th, in Independence, Missouri at the Harry S. Truman Library.

This will be the forty-fifth year the Missourians and Legionnaires from surrounding states have gathered at the Truman Library to honor the memory of the first Legionnaire to become President of the United States.

The event will start Tuesday, May 7th with an open house at Tirey J. Ford Post home, 16701 E. 40 Highway, Independence, Missouri at 5:00 PM. Refreshments and entertainment will be provided by the auxiliary and post.

On Wednesday morning, May 8th, those participating are asked to enter by the main entrance of the Truman Library at 9:00 AM. A procession will form and proceed to the courtyard where the President is buried. At that time, a brief memorial service will be conducted and the wreaths will be placed at the gravesite.

A luncheon sponsored by Post 21 will be served at 11:30 AM, May 8th at the Tirey J. Ford Post home located at 16701 E. 40 Highway. Advance tickets for the luncheon are required. Checks for the tickets should arrive no later than April 24th. Tickets are \$20.00 each and will be held for your arrival.

Checks should be made payable to: American Legion Post 21, Truman Day Luncheon. Please mail your checks to: Gayle Metzinger 3816 S. Crane Independence, Mo 64055

#### PLEASE MAKE RESERVATIONS EARLY

A briefing will be held at 6:00 PM, May 7th at Post 21 in the Auxiliary room for those persons placing the wreaths.

Hotel reservations can be made directly with the hotel. Please state you are with TRUMAN DAYS.

(Room rate - \$104) Comfort Suites, 19751 E. Valley View Pkwy, Independence, MO 816-373-9880

(Exit 17)

Holiday Inn Express, 19701 E. Valley View Pkwy, Independence, MO 816-795-8889 (Room rate - \$104) (Exit 17)

#### SPECIAL ROOM RATE GUARANTEE UNTIL APRIL 28TH

Everyone is invited to this historic event. Please call 816.478.1521 for further instruction or questions.

Gayle Metzinger Chairman

### TRUMAN PILGRIMAGE WREATH ORDER – DEADLINE IS APRIL 24th TRUMAN PILGRIMAGE LUNCHEON RESERVATIONS – DEADLINE IS APRIL 24th

May 8th, 2019

#### **Wreath Order**

Gayle

In order for the Wreath Committee to have program information to the printer on time, we must have your check and information by April 24th. Wreaths are \$20.00 each.

Please **print** the following information.

#### You're Cordially Invited to 100th Anniversary Celebration of the Saint Louis Caucus



When: May 9 & 10, 2019

Where: **Ceremony** - at Soldier's Memorial (1315 Chestnut Street, St. Louis, MO) **May 9**-Reception at Soldier's Memorial 6:00 -8:00 pm

May 10 – Formal Celebration followed by Luncheon at Missouri Athletic Club Grand Ballroom (405 Washington Avenue, St. Louis, MO) cost for lunch \$35.00

Guest Speakers: National Commander Bret Reistad and National President Kathy Dungan
The Traveling GI Bill Display will on exhibit at Soldier's Memorial

A room block has been reserved at the Missouri Athletic Club. The room rates are:
Singles includes queens/king beds \$121.00 per night
Doubles includes 2 queen beds \$121.00 per night
Suites —one bed & parlor w/pull out sofa -135.00 per night

Reservation can be made by calling 314-231-7720 -when booking ask for **The American Legion Block**.

Please RSVP by April 18, 2019 and remit your luncheon reservation(s) of \$35.00 per person (Make Check payable to the American Legion Department of Missouri: mail to P.O. Box 179, Jefferson City, MO 65102)

Person (s) attending Name and position:

(3)	
Total Payment Sent:	<del></del>

#### 2019 DEPARTMENT CONVENTION HOUSING REQUEST

July 11-14, 2019

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#### HOUSING/HOSPITALITY/CAUCUS ROOM & VENDOR TABLE REQUEST

Marriot St. Louis Airport 10700 Pear Tree Lane St. Louis MO 63134 314-423-9700

Make reservations directly with the hotel, using a credit card for confirmation be sure to mention you are with The American Legion. Or you can go to the Department website click on the Department Convention Housing Registration to book your room.

\*\*CUTOFF DATE FOR ALL HOUSING RESERVATIONS WILL BE JUNE 8, 2019\*\*

Cost per night is \$89.00 (plus Sales and Lodging tax)

Check in time 3:00 p.m. No exceptions

#### HOSPITALITY ROOM REQUEST

\* All Hospitality Rooms will be reserved through the Department Adjutant\*

Please contact Department Adjutant for prices.

#### DISTRICT CAUCUS ROOMS

Will be assigned by Department Adjutant at Convention

Table Request for Vendors/Post and Auxiliary

All table requests will be reserved through Department Headquarters.

Please call Theresa Boss to make your request 573-761-4143

Deadline for table request: \*June 19, 2019\*

#### DEPARTMENT COMMISSION / COMMITTEE CHAIRPERSON

If you need a room for meetings during the Convention in July, you need to contact the Department Adjutant **NO LATER THAN** May 1, 2019. Nothing is automatic. Thank you.



## DEPARTMENT OF MISSOURI AMERICAN LEGION CENTENNIAL CELEBRATION BANQUET





Theodore Roosevelt IV

Friday, July 12th, 2019
Marriot Airport
10700 Pear Tree Lane, St. Louis, MO
6:30 p.m. Dignitaries Reception
7:00 p.m. Dinner
7:30 p.m. Program

Join us in our Centennial Celebration in conjunction with our 8th American Legion Family Celebration Banquet marking the 2018-2019 Department Commander Kerry Boardman and Department President Sharon Slagle year of service to The Department of Missouri American Legion Family. The guest Speaker for this Special event will be **Theodore**Roosevelt IV -great-grandson of the 26th President of the United States and one of the founding members of The American Legion



Please RSVP by June 21, 2019 and remit your banquet reservation(s) of \$50.00 per person (Make Check payable to The American Legion Department of Missouri)

Send to:

The American Legion Department of Missouri P. O. Box 179 Jefferson City, Mo 65102 If you have any questions, please call: 573-893-2353

Person(s) attending:		
	Total Included:	

#### 2019 National Convention Fact Sheet

Hotel: Omni Serverin Hotel - 40 West Jackson Place, Indianapolis, IN 46225

Registration Room: Thursday, August 22- 3:30 p.m. -6:30p.m.

Friday, August 23-9:00 a.m. to Noon and 1:30 p.m. to 3:00 p.m.

Saturday, August. 24 - 9:00 a.m. to Noon

Location: Sycamore Boardroom

Missouri Caucus: Sunday, 1:00 pm, August 25th Location: Servin Ballroom

Missouri Party: Pending

Airport shuttle: Shuttle Service- NO

Parking: Valet Parking only \$44.00 a day (Post 64 & Post 500 will offer parking at their

respective post for \$30.00-\$35.00 for your entire stay. A shuttle will take you from the post to your hotel. It is suggested that you go to the hotel unpack your car then proceed to the post to park. More details will be provided for this option as they become available.

Room amenities: Rooms Available: 15-Kings or 20 Doubles Limited ADA rooms

All Rooms are No Smoking

Swimming pool - Yes & Fitness Center - Yes

Coffee pot in room-Yes

Refrigerator in room -No (refrigerator can be rent for \$20.00 a day)

Iron and board - Yes - In Room

Hair dryer - Yes - in Room

TV - Yes

Safe - yes in Rooms

Laundry Service - Same Day Dry Cleaning - Weekdays only

Internet services - Complimentary

Parade: Yes - Sunday August 25

Café/Shops: Many Shops and Cafe's on the Hotel Property and within walking distance

Grocery Store & Package Store: Yes - (within walking distance of Hotel)

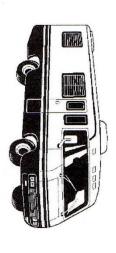
Hotel is 1 block from Convention Center

Registration and Housing Forms can be found on Department Website



# The American Legion's 101st National Convention Indianapolis, Indiana





## Additional Parking Options



## **AMERICAN LEGION POST 64**

601 S. Holt Road Indianapolis, IN 46241

Contact: Dewey Nowling (317) 525-3203 and Kenny Cooper (317) 372-0390 Parking for Cars and Motorhomes (no hook-ups) \$40.00 per week

# SPEEDWAY AMERICAN LEGION POST 500

1926 N. Georgetown Road Indianapolis 46214

Point of contacts: Dave Wilson (317) 727-6741; Kelly Lowry (317) 796-2062; Mark Gullion (317) 431-0184 Post phone number: (317) 244-9625 - email americanlegionpost500@gmail.com

Parking for Motorhomes (30 and 50 amp service and water available) \$125.00 per week Parking for Cars \$30.00 per week

Shuttle service will be provided to and from the Posts to a central location downtown 11:00am - 11:00pm each day, ending at 3:00pm on August 29 and will run Thursday, Aug. 22 - Thursday, August 29 from

#### 2019 NATIONAL CONVENTION

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Omni Serverin Hotels & Resorts 40 West Jackson Place Indianapolis, IN 46225

#### **Housing Form Only**

#### (Do not contact Hotel for reservation information)

ALL RESERVATIONS MUST BE RECEIVED AT LEGION HEADQUARTERS JULY 15, 2019

Name			7			
Address	City	State	Zip Code			
Daytime telephone	Email					
Housing with	other (Names)					
Spouse of C	other (Names)					
Room	ns are 1 or 2 persons. Additional oc	cupancy add \$25.0	0			
Circle your preference of Rooms type, however, there are no guarantees.						
I prefer a room with (1 Bed - King) (2 Beds - Doubles) \$160.29 Tax included (Identify type handicap – hearing – wheelchair - blindness)						
ARRIVAL DATE	ARRIVAL TIME	DEPA	RTURE DATE			
*********	**********	******	********			
Housing (1st night's deposit only please)						
Enclosed is my check payable to The American Legion Dept. of MO in the amount of \$160.29 tax included (Do not include registration or events, housing only please)						
Send to: The American Legion, P.O. Box 179, Jefferson City, MO 65102						
FOR REGISTERATION AND OTHER EVENTS USE OTHER FORM.						

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	2019	NATIONAL CONVE	NTION
	REGISTRATION	Indianapolis, IN N & NATIONAL COMMA	NDER'S BANQUET
	C	CUT-OFF DATE JULY 15,	2019
me	-		Legion ID#
	Post #	Unit # Squad	lron #
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		REGISTRATION	
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#### **CAREGIVERS ON THE HOMEFRONT'S**

#### Will You Walk with Me? 5K



Let's start a conversation.

A walk for awareness of veteran and first responder suicide and those that love them.

#### **Sponsorship Packages**

Caregivers on the Homefront is holding its first annual "Will You Walk with Me?" 5K walk/run on **June 29, 2019** at the National WWI Memorial 2 Memorial Drive, Kansas City, Missouri starting at 7AM. A walk for awareness of veteran and first responder suicide and those that love them. We are asking you to join us in making a difference. We want to start the conversation about suicide. We must make this difficult topic a common conversation and destignatize the shame and guilt associated with suicide and mental health. You can make a difference in the lives of our community today by sponsoring the "Will You Walk with Me?" 5K. We invite walkers, runners, joggers, and rollers of all ages to come out and participate. Even if you can't join in the race, come support a great cause and start a conversation!

#### PLATINUM SPONSOR \$2,500

- Banner prominently displayed at race (provided by sponsor)
- Logo (one color) on back of race day t-shirt Prominent under Title Sponsor
- Recognition on event's web page with linked logo
- Recognition on all race advertisements including posters and flyers
- Shout out on Facebook with linked logo
- Signage on the course 3 areas (provided by sponsor)
- 5 complimentary race entries

#### GOLD SPONSOR \$1,000

- Banner prominently displayed at race (provided by sponsor)
- Logo (one color) on back of race day t-shirt
- Recognition on event's web page with linked logo
- Shout out on Facebook with linked logo
- Signage on the course 2 areas (provided by sponsor)
- 3 complimentary race entries

#### SILVER SPONSOR \$500

- Logo (one color) on back of race day t-shirt
- Recognition on event's web page with linked logo
- Shout out on Facebook with linked logo
- Signage on the course 1 area (provided by sponsor)
- 2 complimentary race entries

#### **BRONZE SPONSOR \$250**

- Name on back of race day t-shirt
- Shout out on Facebook with linked logo
- Website recognition with linked logo
- Signage on the course 1 area (provided by sponsor)
- 1 complimentary race entry

#### **WATER STOP \$200**

- Recognition on event's web page with linked logo
- Sign with name and logo prominently displayed at the water stop

#### **COURSE SIGN \$100**

Signage on the course – 1 area (provided by sponsor)

#### **SPONSORSHIP FORM**

Company/Organization Name:				
Company Mailing Address:				
City, State & Zip Code:	Website:			
Contact Name:	Contact Phone:			
Email Address:				
Sponsorship Level (please check one):				
<ul> <li>Platinum Sponsor - \$2,500</li> <li>Gold Sponsor - \$1,000</li> <li>Silver Sponsor - \$500</li> </ul>	<ul> <li>Bronze Sponsor - \$250</li> <li>Water Stop - \$200</li> <li>Course Sign -\$100</li> </ul>			
Amount Enclosed:				
Please mail this form with payment payable to:				
Caregivers on the Homefront, Inc. 8506 N Wayland Ave Kansas City, MO 64153				
Please contact Bryan Moore for more information:				
(334) 333-3339 Bryan.moore@caregivers-homefront.org				

Logo for website in PNG format can be forwarded to bryan.moore@caregivers-homefront.org

T-shirt logo in high resolution vector format due to bryan.moore@caregivers-homefront.org when signing up and no later than June 1, 2019. Visit our website for more information on Caregivers on the Homefront at:

https://caregivers-homefront.org

Run Sign up:

https://runsignup.com/Race/MO/KansasCity/WillYouWalkWithMeAsk the Question for Suicide Prevention



Caregivers on the Homefront Inc. is a non-profit corporation and shall operate exclusively for the charitable and educational purposes under Section 501(c)(3) of the Internal Revenue Code, or the corresponding section of any future Federal Tax Code. To maximize our impact on current efforts, we may seek to collaborate with other non-profit organizations which fall under the 501(c) (3) section of the Internal Revenue code and are operated exclusively for educational and charitable purposes.

EIN: 82-1862218

One more...









#### **Healthy Food for Veterans in Need**

Where: KCVA Honor Annex 4251 Northern Avenue Kansas City, MO 64128

Produce is distributed first come first served

Quantities are limited

There is no charge for food distributed through the mobile pantry

Please be patient and respectful as we wish to serve as many people as possible

When:

March 26, 2019 April 23, 2019 May 28, 2019

June 25, 2019

10 a.m. to 12 p.m.

We reserve the right to refuse services to anyone

Harvesters staff will be onsite to assist with SNAP applications!

Be sure to check out the live cooking demonstration by MU Extension!

For more information, please contact Mary Morgan at 816-922-2411 or Aimee Truetken at (816) 861-4700, extension 52803