

# Learn How a Community Partner Can Help You

- Arrange for services in your home when you need them such as nursing or homemaking.
- Find community resources such as food and utility assistance.
- Coordinate and communicate with your doctors and nurses.
- Schedule and keep your medical appointments.
- Prepare for your trip home if you go to the hospital or rehab. Make sure you have everything you need when you get home.
- Find transportation to and from medical appointments.
- Connect to your local community. Find a cultural center, religious group, or other social activities.
- Connect to a recovery group or coaching.
- Be healthier! Quit smoking, eat well, exercise more, or sleep better.
- Learn how to deal with stress in healthy ways. Walking, stretching, talking, or joining a support group.
- Keep your MassHealth by understanding the letters that you receive from MassHealth and filling out the paperwork.
- Get your medications and help you follow prescribed orders in a way that works well for you.



## Learn Who We Are

Turn Page Over

**vinfen**  
*transforming lives together*



# About Us

Vinfen transforms lives by building the capacity of individuals, families, organizations, and communities to learn, thrive, and achieve their goals. Our services and advocacy promote the recovery, resiliency, habilitation, and self-determination of the people we serve. As a human services leader, we strive to be the provider, employer, and partner of choice.



## Who We Are

Vinfen provides services for people with psychiatric conditions, behavioral health challenges and substance use disorders. We offer a wide range of programs to support people in their recovery. As a member organization of Community Care Partners, Vinfen offers community-based care coordination services.

## How We Work with You

A Vinfen Care Partner will contact you to schedule an appointment to get to know you better. Your Care Partner may be a nurse, a social worker, a community health worker, or recovery coach. They will help you identify your goals and needs to live a healthy and independent life. Your Care Partner will support you in coordinating your care and services across different organizations to help you become a more empowered and confident health care consumer.



# Contact Us

## Contact Information

Vinfen  
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617-441-1800  
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## Community Partner



**COMMUNITY CARE  
PARTNERS**

## Place Contact Information Here:

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