



Dream Big Template: 50 Dreams Challenge

Step 1: Brain Dump – List 50 Dreams

Grab a pen or keyboard and let it flow. No limits, no editing, no “that’s not realistic.” Write whatever comes to mind until you hit 50.

(Tip: The first 15 are easy, the next 20 are harder, and the last stretch is where the magic shows up.)

Step 2: Sort Your Dreams into Buckets

Each dream belongs to one (or more) of these categories. Use the 'Category' column above to note which bucket it fits.

- 🏃 Physical (health, fitness, body goals)
- ❤️ Love & Relationship (romance, sex, companionship)
- 🧡 Family (shared love, bond, parents, children)
- 📖 Intellectual (learning, education, skills)
- 🧠 Psychological (mindset, habits, self-growth)
- 🙏 Spiritual (faith, connection, purpose, inner peace, joy)
- 💰 Financial (money, investments, freedom)
- 💼 Professional (career, business, work)
- 🎨 Creative (art, expression, projects)
- ✈️ Adventure/Travel (experiences, fun)
- ☀️ Reputation/Legacy/Character (how people will remember you)
- 🏠 Material (things you want to own)

#	My Dream	Category
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#	My Dream	Category
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#	My Dream	Category
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