



## SERVICES

Services include therapeutic massage, biblical counseling, life coaching, plant-based nutrition consulting, and consulting on holistic health.

## MISSION

Abundant Healthy Life supports whole person health for everyone by addressing the spiritual, mental, emotional, physical, and relational problems that limit your ability to fully participate in the life you envision.



## OPERATIONAL HOURS

Monday-Friday - 9am - 5pm  
Saturday - by appointment only  
Sunday - Closed



## CONTACT ME



765.601.3870



[jocelyn@abundanthealthylife.com](mailto:jocelyn@abundanthealthylife.com)



[www.abundanthealthylife.com](http://www.abundanthealthylife.com)



Somewhere really special  
Lafayette, IN 47905



WHOLE PERSON HEALTH  
FOR EVERYONE

## JOHN 10:10

The thief comes only to steal  
and kill and destroy.  
I came that they may have life  
and have it abundantly.

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## ABOUT

Jocelyn Wallace has been providing ACBC certified Biblical Counseling since 2006. In her decades of experience, she has come to realize that people's spiritual, mental, emotional, physical, and relational health all impact each other. Beginning from a base of trust in Christ Jesus and obedience to his Word, Jocelyn encourages her clients to do the honest work of tackling tough spiritual problems, pursuing mental and emotional health, functioning in authentic relationships with others, and treating the physical conditions that often result from those stressors. She loves to help anyone who wants every area of their life to be healthy.

## COST FOR TOUCH BASED SERVICES

### Therapeutic Massage

\$80 for 60 minutes  
\$150 for 90 minutes

### Modalities

Swedish, Shiatsu, Medical, Sports, infant and pediatric massage, certified in Nurturing the Mother® prenatal massage

### Add On Items:

\$10 Cupping  
\$10 Essential Oils  
\$20 15 minute extra Salt or Sugar Scrub (feet or hands)  
\$10 15 minutes extra Face and Scalp massage

## COST FOR COUNSELING SERVICES

### Biblical Counseling

\$100 for 50 minutes (individual)  
\$150 for 50 minutes (family)

### Life Coaching Package

\$400 five session package includes: intake and initial goal setting coaching, two monthly accountability sessions, and one final session wrap up

### Plant-Based Nutrition or Holistic Health

### Consulting

\$40 for 30 minutes  
\$75 for 60 minutes