



Jeff Harding

Non-Union

Hair: Brown
 Eyes: Blue
 Weight: 210lbs
 Height: 5'10"

[actorsaccess](#)
[castingnetworks](#)
[imdb](#)

Film/TV

Splatter	Supporting	Dir. J McConnell	2026	Hope's Last Hope	Supporting	Dir. E Singer	2024
The Bar Between Roads	Supporting	Dir. P DeWeese	2026	Presence	Supporting	Dir. J. Harding	2024
Shots	Lead	Dir. R. Wahlen	2026	Inheritance	Lead	Dir. B. Robinson	2024
Drop Point	Supporting	Dir. G Borst	2026	Miseria	Supporting	Dir. J. Bart	2024
Floater	Supporting	Dir. C. Britton	2026	The Crunch	Lead	Dir. S. Herold	2024
Canary	Supporting	Dir. S. Godwin	2025	When it Rains	Supporting	Dir. S. Pettler	2024
La Danse Macabre	Supporting	Dir. J Chapman	2025	The Dance	Supporting	Dir. H. Holyoak	2024
Defocus Aberration	Supporting	Dir. B. Liu	2025	Collateral Knowledge	Supporting	Dir. J. Butler	2024
In Between	Supporting	Dir. A Yeh	2025	Woman of God	Supporting	Dir. A. Ward	2024
Suga West 2	Supporting	Dir. K. Butler II	2025	Drawings from Sunny	Lead	Dir. R. McIntyre	2024
For Adeline	Supporting	Dir. B. Liu	2025	Drowning	Supporting	Dir. S. Liu	2024
Let's Eat	Supporting	Dir. R McIntyre	2025	Sins of the Father	Supporting	Dir. T. Nelson	2024
Downtown Disarray	Supporting	Dir. W Harwell	2025	While Supplies Last	Lead	Dir. J. Franz	2024
Blind Spot	Supporting	Dir. S Rhodewalt	2025	All or Nothing	Lead	Dir. A. Starling	2024
The Broken Places	Supporting	Dir. Kyle Wyborski	2025	Gaskins <small>The Hitchhiker Killer</small>	Supporting	Dir. C. Helton	2024
Time Travel Immigr Bureau	Supporting	Dir. Will Susor	2025	Our Date at Charlies	Lead	Dir. F. Diaz	2024
Hear You in Silence	Supporting	Dir. T Wu	2024	Roasted Bliss	Lead	Dir. L. Arnold	2023
				Undercover	Lead	Dir. R. Amill	2023

Commercial- Conflicts – Available Upon Request

Theater

Zombie Movie	Supporting	Richmond Hill Comm Theatre	2025
The Dinner Detective	Table Actor	Dinner Detective Theater	2025
Three	Supporting	Dir. Jeanmarie Collins	2024

Music Video

In Shared Stillness	Lead	Dir. J Harding	2026
Not Done Yet	Lead	Dir J Harding	2026
I Do, She Did	Lead	Dir. J Harding	2026
You can't make me laugh!	Supporting	Dir. A. Siddall	2025

Training/Classes

Acting Techniques	William Mark McCullough	Spolin Improvisation (ongoing)	Jeanmarie Collins
TV Comedy Sitcom Intensive (ongoing)	Allen Hooper	Power Audition	Anthony Paderewski
Meisner Technique (ongoing)	Anthony Paderewski	Scene Study/Trade Secrets	Chad Darnell
The Casting Process	Chad Darnell/Anthony Paderewski	Acting on Camera	Melanie Forchetti
Production Assistant (PA)	Witt Lacy		

Special Skills & Interests

Golfing, Woodworking, Power Tool Operation, Home Projects, Handyman, Home Cooking, Grilling & Smoking, Billiards, Bicycling, Ping Pong, Bowling, Hatchet Throwing, Badminton, Karaoke, Writing, Directing, Landscaping, Licensed Driver and beginning stunt work.

Characters: Golfer, Salesman, Banker, Dad, Husband, Father, Brother, Detective, Cop, Secret Agent/Spy, Attorney, Priest/Pastor, Principal, Business Owner, Counselor, Buddy, Outdoorsman, Homeless, Doctor, Engineer

Awards

Roasted Bliss – Best Local Actor (Jeff Harding) Top 10 International Film Finalist, Best Local Short, Best Score