



- MOUNTAIN BIKE ONLY 11.5 MILES
- OPEN WATER SWIM 1/3 MI
- MOUNTAIN BIKE (TRI) 6 MILES
- TRAIL RUN 3 MILES
- TRANSITION
- YMCA CAMP OFFICE/POOL
- PARK ROAD/PARKING

**LENGTHS OF COURSE VARY SLIGHTLY DUE TO UPGRADES ON MORC TRAILS +/-**

**TWO SHORT LOOPS ARE INCLUDED ON SOUTHWEST AND NORTHEAST CORNERS OF THE COURSE. TRI COURSE IS SHOWN FOR INFORMATION ONLY.**

**11.5 MILE MOUNTAIN BIKE ONLY COURSE IS PRIMARILY SINGLE TRACK.**