QUILTED SWEATSHIRT JACKET

Materials Needed:

Sweatshirt One Size Larger than your normal size (Can find at Walmart or Hobby Lobby or Thrift Store)
Jelly Roll or Quilt Blocks to fit size of sweatshirt
Binding to match the colors in Jelly Roll
Sewing Machine
Walking Foot
Coordinating Thread
Cutting Mat
Iron
Rotary Cutter
Pins and Clips

Preparing the sweatshirt:

- Prewash sweatshirt
- Remove cuffs, collar and waist band
- Cut apart all seams
- Should have 5 pieces. 2 sleeves, back and front cut in half evenly down the middle

Preparing the blocks/stripes:

- If using jelly rolls this is the easiest option.
- If using quilt blocks prepare the blocks and scraps so that they will be large enough to cover each of the segments with at least an inch overhanging

Machine quilting the segments:

- Lay each sweatshirt segment fuzzy side up. Lay the piecework wrong side down onto the fuzzy side of the sweatshirt. If using blocks baste or us safety pins for each segment and then machine quilt each piece using straight or decorative stitch
- If using a jelly roll start in the center of the back segment. Lay two strips pretty sides together and sew first strip on the fuzzy side. Open and press.

Add each strip and quilt as you go. Complete the same process for each segment.

- ❖ For both trim to the exact size of the sweatshirt pieces

Assembling the jacket

- ❖ Pin jacket together and try on for size. Decide the sleeve length that you would like and cut the sleeves to the desired length.
- ❖ If too short you can add quilting to the sleeve ribbing and stitch to sleeves
- ❖ With right sides together, stitch fronts to back at shoulder seams using ¼ seam allowance. Zigzag seam allowance to finish seams
- ❖ Attach binding to sleeve before stitching open sleeve to front and back. Close sleeve by stitching from sleeve down the side of jacket.

Stitching the binding

- ❖ Press the 2 inch wide bias strip in half lengthwise, wrong sides together. Pin to right side of jacket matching raw edges of bias strip to raw edges of jacket
- ❖ Binding will be attached in one continuous strip from the middle of bottom up one front, around the neck, down the other front and back to the beginning.
- ❖ Stitch using ½ seam allowance
- ❖ Fold binding over to the inside of jacked and stitch in place.

Optional

You can add pockets or additional length to jacket if desired.