

MAGGIE'S NEWCASTLE PROGRAMME

JUNE 2026 – AUGUST 2026

MONDAY		TUESDAY		WEDNESDAY		
9am – 5pm Cancer Support	9am – 5pm Cancer Support	9am – 5pm Cancer Support	9am – 10:30am Staff Meeting	9am – 5pm Benefits Advice		
9am - 5pm Benefits Advice	9am - 5pm Benefits Advice					
10am – 11:30am Maggie’s Monday Morning for Men Chat with other men affected by cancer Drop-in	10am – 12:30pm Where Now 6-week course 9th June – 14th July Booking required	11am – 12:30pm Brain Tumour Support Group 1st Wednesday of the month Drop in				
11:30am – 1pm Leukaemia (A.LL) Support Group 1st Monday of the month Booking Required	10:30am – 11:30am Yoga 5-week course 16th June – 14th July Booking required	11:30am – 12:30am Yoga 5-week course 16th June – 14th July Booking required	11am – 12:30pm Upper GI Support Group 16th Sept Drop in	11am – 12:30pm Secondary Breast Cancer Support Group 2nd Wednesday of the Month Booking required		
1pm – 2:30pm NET Support Group 1st Monday of the month (alternative from February) Drop-in	11:30am – 1pm Bereaved Parents Support Group 1st Tuesday of the month Booking required	12:30pm – 2pm Prostate Cancer Support Group 4th Tuesday of the month Drop in	1pm – 2:30pm Bereavement Support Group 3rd Wednesday of the Month Booking required	1pm – 2:30pm Primary Breast Cancer Support Group Last Wednesday of the month Booking required		
1pm – 3pm Look Good Feel Better Booking required	2pm – 3:30pm Carer Support Group 7th & 21st July 4th & 18th August Booking required	1:30pm – 3pm Sarcoma Support Group 2nd September, Drop-in	1:30pm – 3pm Surgical Lung Cancer Support Group Last Wednesday of the month Drop in			

THURSDAY	FRIDAY	
9am – 5pm Cancer Support	9am – 5pm Cancer Support	
9am – 5pm Benefits Advice	9am – 5pm Benefits Advice	
Auricular Acupuncture for Hot Flushes 8-week course 21st May – 16th July Booking required	10am – 1pm Men's Wellness Event 26th June Booking required	10:30am – 12:00pm Head Wrappers 10th July Booking required
10:30AM – 2PM Bra Clinic TBA Booking required	12:30pm – 2pm Young Women's Primary Cancer Support Group Last Friday of the month Booking required	1pm – 2pm Urostomy Society Support Group Last Friday of the month Drop in
12:15pm – 1:30pm Men's Support Group Chat with other men affected by cancer Drop-in	1pm – 3pm Creative Writing 5-week course 12th June – 10th July Booking required	1pm – 3pm Bladder Cancer Support Group 9th October Drop in

FUTURE COURSES & SUPPORT GROUPS

Young Women's Secondary Breast Cancer Support Group
 Menopause Workshop
 Mindfulness
 Managing Stress
 Sleep and Fatigue Workshop

CONTACT US

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