

TC # _____ Target Condition Reflection Worksheet

Focus Process:

Challenge: (details)

Learner:

Coach:

2nd Coach:

TC Establish Date: _____

TC Achieve by Date: _____ (Set by Coach)

Establishing Target Condition

Target Condition Reflection

Target Condition Theme or Focus

**What happened?
(observe closely &
summarize achievements)**

**What did you learn?
(about your process &
about your challenge)**

Desired Pattern

Desired Pattern

Process Characteristic(s)

Process Characteristics

Process Metric (s)

Process Metric (s)

Outcome Metric (s)

Outcome Metric (s)

PDCA's and Coaching Cycles

Grasp Current Condition