

MEDICATIONS TO HOLD FOR SKIN TESTS AND ORAL CHALLENGES

Allergy & Asthma Care of Indiana

STOP 7 or 10 DAYS BEFORE APPT.	STOP 3 DAYS BEFORE APPT.	DO NOT TAKE MORNING OF APPT.	LAST DOSE NIGHT BEFORE APPT.
<p><u>*Antihistamines/ Cold Meds (7 days):</u> Allegra (fexofenadine), Alavert, Clarinex (desloratadine), Claritin (loratadine), Xyzal (levocetirizine), Zyrtec (cetirizine), Actifed, AlleRX, Bromfed (brompheniramine), Chlortrimeton, Codimal, Dimetapp, Duratuss, DuraVent, Rynatan, Rynatuss, Semprex-D, StaHist, Tavist (clemastine), Trinalin, Tussicaps, Tussi-12D, Tussionex, Allergy/Sinus meds, Dicel, Palgic, Atarax (hydroxyzine), Phenergan (promethazine)</p> <p><u>Eye Drops(7days):</u> Optivar, Zaditor, Alaway (ketotifen)</p> <p><u>Nasal Sprays (10 days):</u> Astelin, Astepro, Patanase, Dymista</p>	<p><u>*Antihistamines</u> Benadryl</p> <p><u>Heartburn meds:</u> Pepcid, Tagamet, Zantac, Axid,</p> <p><u>Vertigo/Dizziness Meds:</u> Antivert (meclizine)</p> <p><u>Eye Drops:</u> Elestat, Pataday, Patanol, Lastacaft.</p> <p><u>Over-the-counter pain/sleeping aids with "PM"</u> ex: Tylenol PM</p> <p><u>STOP 7 Days Prior:</u> **Irritable Bowel Meds (7days) Hysoscyamine (Levsin, Levbid, Anaspaz, etc.) Librax Donnatel Bentyl</p>	<p><u>• Inhalers:</u> Albuterol, Combivent, Maxair, Proventil, Terbutaline, Ventolin, Xopenex, ProAir, Atrovent</p> <p><u>• ONLY hold above inhalers IF symptoms allow</u></p> <p><u>If you have an afternoon appt, refrain from using inhalers after 8:00 am.</u></p>	<p>Advair, Foradil, Spiriva, Serevent, Symbicort, Dulera, Breo, Incruse, Anoro, Stiolto.</p> <p align="center"><u>NO RESTRICTIONS:</u></p> <p><u>Inhalers:</u> Alvesco, Asmanex, Flovent, Intal, Pulmicort, QVAR, Arnuity.</p> <p><u>Nasal Sprays:</u> Flonase (fluticasone), Nasacort (triamcinolone), Nasonex, Omnaris, Veramyst, Zetonna, Fluosinolide, QNasl, Rhinocort</p> <p><u>Other:</u> Accolate, Singulair, Theophylline, Zyflo, topical steroid creams such as hydrocortisone cream</p>

***If evaluation is for hives, it is OK to continue antihistamines.**

****MUST** obtain permission from PCP BEFORE discontinuing the following medications; these medications need to be held 7 days OR LONGER.

****Antidepressants, sleeping aids:** doxepin, Elavil (amitriptyline), Norpramin (desipramine), Pamelor (nortriptyline), Surmontil (trimipramine), Vivactil (protriptyline)

If you have any questions, or you feel you cannot go without a medication, please contact us at 317-708-2839.