

MEDICATIONS TO HOLD FOR SKIN TESTS AND ORAL CHALLENGES

Allergy & Asthma Care of Indiana

***If evaluation is for a rash or hives, it is fine to continue antihistamines.**

STOP 7 or 10 DAYS BEFORE APPT.	STOP 3 DAYS BEFORE APPT.	DO NOT TAKE THE DAY OF APPT.	LAST DOSE NIGHT BEFORE APPT.	<u>NO</u> RESTRICTIONS:
<u>*Antihistamines/ Cold Meds</u> (7 days): Allegra (fexofenadine), Alavert, Clarinex (desloratadine), Claritin (loratadine), Xyzal (levocetirizine), Zyrtec (cetirizine), Atarax (hydroxyzine), Phenergan (promethazine) Hold all cold, allergy and/or sinus medications. <u>Eye Drops(7days):</u> Optivar, Zaditor, Alaway (ketotifen) <u>Nasal Sprays</u> (10 days): Astelin, Astepro, Patanase, Dymista, Ryaltris <u>**Irritable Bowel Meds (7days)</u> Hysocyamine (Levsin, Levbid, Anaspaz, etc.) Librax, Donnatel Bentyl	<u>*Antihistamines</u> Benadryl <u>Heartburn meds:</u> Pepcid, Tagamet, Zantac PPI's are okay to continue (i.e. Prilosec, Nexium, etc.) <u>Vertigo/ Dizziness Meds</u> Antivert (meclizine) <u>Eye Drops:</u> Elestat, Cepinastine, Pataday, Patanol, Lastacraft. <u>Over-the-counter pain meds/ Sleeping aids with "PM"</u> ex: Tylenol PM	<u>•Inhalers:</u> Albuterol, Combivent, Maxair, Proventil, Terbutaline, Ventolin, Xopenex, ProAir, Atrovent, Airsupra <u>•ONLY hold above inhalers IF symptoms allow</u>	Advair, Wixela, Foradil, Spiriva, Serevent, Symbicort, Dulera, Breo, Incruse, Anoro, Stiolto, Trelegy	<u>Inhalers:</u> Alvesco, Asmanex, Flovent, Intal, Pulmicort, QVAR, Arnuity <u>Nasal Sprays:</u> Flonase (fluticasone), Nasacort (triamcinolone), Nasonex, Omnaris, Veramyst, Zetonna, Fluosinolide, QNasl, Rhinocort, Xhance <u>Other:</u> Accolate, Singulair, Theophylline, Zyflo, topical steroid creams such as hydrocortisone cream

****MUST** obtain permission from PCP BEFORE discontinuing the following medications;
these medications need to be held 7 days OR LONGER.

****Antidepressants, sleeping aids:** doxepin, Elavil (amitriptyline), Norpramin
(desipramine), Pamelor (nortriptyline), Surmontil (trimipramine), Vivactil (protriptyline)

If you have any questions, or you feel you cannot go without a medication, please contact us at 317-708-2839.