



Life admin FAQs

What is Life Admin?

Life admin involves any official documentation transgender/nonbinary people may require as you transition, eg; Passport letter or surgery referral letter. These are not medical interventions, it is sorting your life as is required by law or, by medical professionals wishing to help you further your transition. At Evolve we can provide surgery referral letters, Passport letters, educational need letter, we can even do fertility letters. If you need a professional opinion or a declaration making by a qualified professional, then we can do it.

Will all institutions and medical practices accept your letters?

We can't say for sure, we know historically that most surgeons and medical teams will accept our letters, however, as with all transgender care, some practitioners will only accept NHS clinical letters. The passport office has always accepted our letters, however, we can't, as any service, always know who will be dealing with your case, so disappointment is possible from whoever does your letter. It has to be noted that, we cannot help with a Gender Recognition Certificate.

What is involved with accessing a Life Admin letter?

If you are a client using our counselling service, then simple letters for a passport or educational/workplace needs, we would do free of charge. If you only need up to write a letter/complete a form, then there will be a charge depending on what is being asked for.

Do I need an appointment to gain a letter?

Yes, all letters will require us to meet over a video call, or in person if you prefer, and depending on your requirements, it will be either a 30 or 50 minute appointment duration.

Can I have an advocate attend my appointment if I struggle to communicate?

Yes, if there are any communication issues, we would openly encourage you to have an advocate support you, we would still need you to attend, and where possible speak on your own behalf.

Want to know more? Click the icons below

Book a session

How we can help

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