

# A health plan built to connect you and your doctor

The UnitedHealthcare Navigate® plan is built to help you get more from your health care by connecting you with a primary care physician (PCP). Your PCP helps to manage your care and provides referrals when you need care from specialists in the network.

## Finding the right PCP for you

Your PCP can be a doctor in general practice, family practice, internal medicine or pediatrics. You can select one PCP for the whole family or each member can choose their own. It's important that a PCP is located near where you or your family members live or work.

### Select a PCP in 7 steps

1. Go to **myuhc.com®** (you don't need to sign in)
2. Click **Find a Provider**
3. Click **Medical Directory** then **Employer and Individual Plans**
4. When asked "What plan are you looking for?" select **Navigate Plus**
5. Enter your ZIP code, choose **People** then **Primary Care** then select from any of the categories listed
6. Scroll through the search results, and once you have made your selection, choose **See physician ID number and additional locations**
7. Find the **physician ID** and record the 14-digit number (including all leading zeros and spaces) on your enrollment form

continued

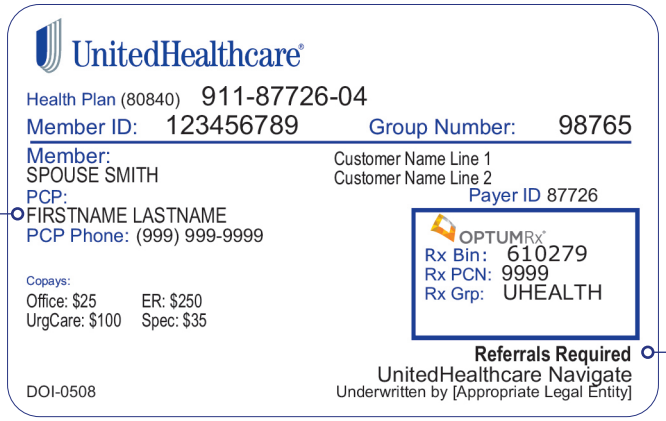
United Healthcare

# The Navigate health plan ID card

- Your health plan ID card lists your PCP and their contact information
- When your health plan ID card arrives, verify that your PCP is correct
- Keep your card in a convenient place and bring it with you whenever you get care

**Your PCP**

Make sure your PCP's name matches the name you select at enrollment




**Referrals**

This is a reminder to you and your PCP that referrals are required for specialist care

## Questions?

Visit **whyuhc.com/navigateplus** for more information

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The information provided on included programs is for informational purposes only and is not a substitute for your doctor's care. Please discuss with your doctor how the information provided is right for you.

Health plan coverage is provided by UnitedHealthcare of Arizona, Inc.

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UnitedHealthcare Level Funded: Administrative services provided by United HealthCare Services, Inc. or their affiliates, and UnitedHealthcare Service LLC in NY. Stop-loss insurance is underwritten by All Savers Insurance Company (except CA, MA, MN, NJ and NY), UnitedHealthcare Insurance Company in MA and MN, UnitedHealthcare Life Insurance Company in NJ, UnitedHealthcare Insurance Company of New York in NY, and All Savers Life Insurance Company of California in CA.

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