A Cigna Dental Health Connect® solution

Cigna Dental Oral Health Integration Program®



Improved health starts with the mouth

Doing more to improve whole person health.

Together, all the way.®

Cigna®

Offered by Cigna Health and Life Insurance Company or its affiliates

830532 h 09/22

What is the Cigna Dental Oral Health Integration Program?

It's a program that reimburses out-of-pocket costs for preventive dental treatments to combat dental issues such as gum disease and tooth decay. The program is for people with certain medical conditions with a higher risk of oral health issues. There's no additional cost for the Cigna Dental Oral Health Integration Program – if employees qualify and enroll, they get reimbursed.*

Conditions Eligible for Program

- Diabetes
- Heart disease
- Maternity
- Stroke
- Radiation for head or neck cancers
- Organ transplants
- Chronic kidney disease
- Rheumatoid arthritis
- Sjogren's syndrome
- Lupus
- Parkinson's disease
- Amyotrophic lateral sclerosis (ALS)
- Huntington's disease
- Opioid misuse and addiction

Encourage employees to sign up to help manage their health and save money

To get reimbursed, qualifying employees first have to enroll in the Cigna Dental Oral Health Integration Program by either:

- Going to **myCigna.com**, selecting Coverage > Dental and filling out the registration form online
- Calling the number on the back of their Cigna ID card and asking for a mailed registration form

What dental services are covered under the Cigna Dental Oral Health Integration Program?

Condition	Heart disease	Stroke	Diabetes	Maternity	Chronic kidney disease	Organ transplants	Radiation for head or neck cancers	Rheumatoid arthritis	Sjogren's syndrome	Lupus	Parkinson's disease	ALS	Huntington's disease	Opiod misuse and addiction
Gum treatment[1,2] D4341 D4342 D4910	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Gum evaluation[1,3] D0180				✓										
Oral evaluation[1,3] D0120 D0140 D0150				✓										✓
Cleaning[1,4] D1110				✓										
Scaling in the presence of inflammation[1,4] D4346				✓										
Palliative treatment of dental pain[1,5] D9110				✓										
Fluoride and fluoride varnish[1,6] D1206					✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Fluoride (no varnish)[1,6] D1208					✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Sealants[6] D1351					✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Sealant repair[6] D1353					✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Interim application of caries arresting medicament D1354					✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Caries preventive medicament application D1355					✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

1. Eligibility, reimbursement and coverage for eligible services are subject to plan year maximums. 2. Two additional treatments per year than the plan covers. 3. One additional evaluation. 4. One additional cleaning. 5. Unlimited visits. 6. Open to all ages, but plan limits apply.

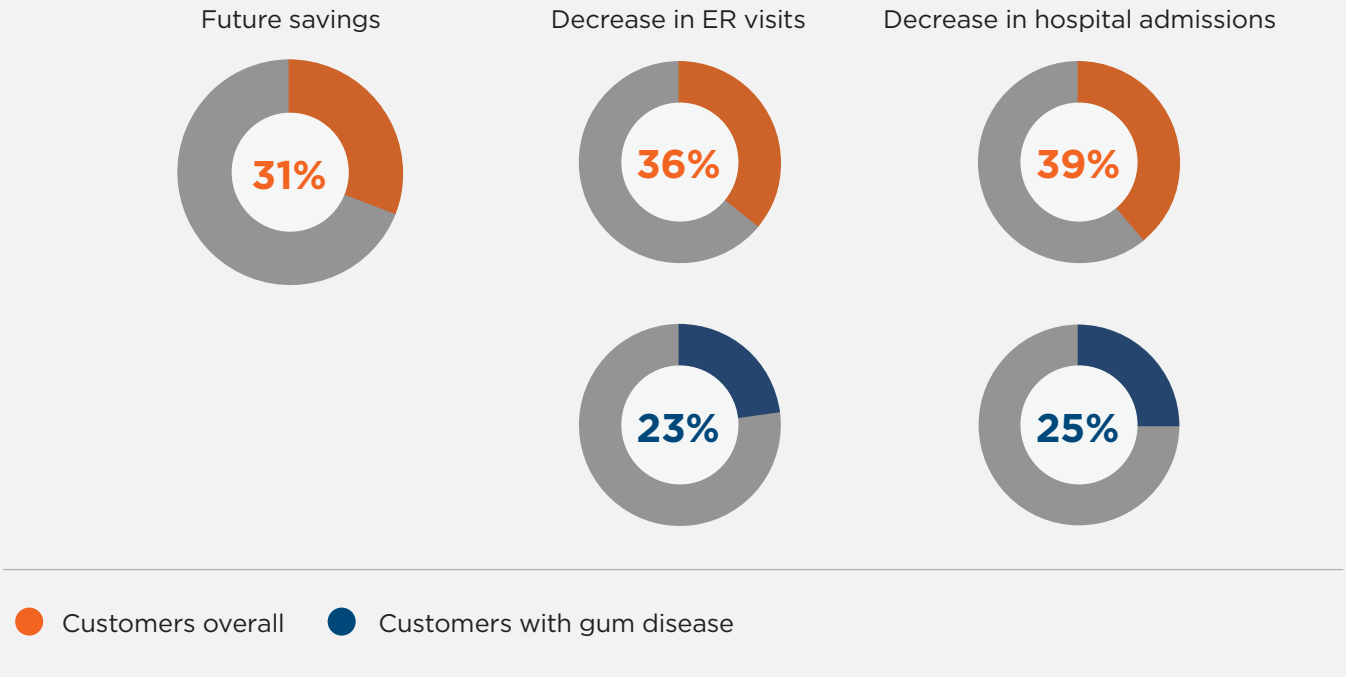
Reimbursement is as simple as 1, 2, 3...

1. An enrolled employee goes to their dentist and pays their usual copay or coinsurance for the covered service.
2. If they visit a dentist in the Cigna network, the dentist will send us a claim for reimbursement. If they choose to see a dentist not in the Cigna network, the employee may have to submit their claim.
3. We'll review the claim and mail reimbursements for eligible dental services in about 30 days.

Gum disease treatment can create significant savings**

Medical conditions	Savings
No chronic condition	**10.2% savings on TMC PMPY**
Diabetes	**12.25% savings on TMC PMPY**

Preventive treatments can promote positive outcomes**



* Employees do not need to meet their DPPO or indemnity deductible to receive reimbursement for these services. However, reimbursement will apply to and is subject to annual benefit maximum for traditional indemnity and DPPO plans, as well as plan rules for visits to network and out-of-network dentists.

** "Preventive Dental Treatment Associated with Lower Medical Utilization and Costs." National study of Cigna customers with dental and medical coverage, updated December 2020 who had periodontal treatment followed by periodontal maintenance. First year TMC savings: 6%, second year cumulative TMC savings 8%, third year cumulative TMC savings 10.2%. 12.25% average TMC savings when preventive dental care is performed for three consecutive years for patients diagnosed with diabetes. Individual results may vary. separate from your dental benefits and you are required to pay the entire discounted charge. You should check any insurance or other benefits you have before using these discounts, as those benefits may result in lower costs to you.

Oral Health Integration Program may not be available in all areas. For Indemnity/DPPO plans, deductible does not apply and reimbursement counts toward and is subject to your plan annual benefits maximum. Product availability may vary by location and plan type and is subject to change. All group dental insurance policies and dental benefit plans have executions and limitations. For costs and complete details of coverage, contact your Cigna representative.

All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Cigna Health and Life Insurance Company (CHLIC), Cigna HealthCare of Connecticut, Inc., Tel-Drug, Inc., Tel-Drug of Pennsylvania, L.L.C., and Cigna Dental Health, Inc. and its subsidiaries, including Cigna Dental Health Plan of Arizona, Inc., Cigna Dental Health of California, Inc., Cigna Dental Health of Colorado, Inc., Cigna Dental Health of Delaware, Inc., Cigna Dental Health of Florida, Inc., a Prepaid Limited Health Services Organization licensed under Chapter 636, Florida Statutes, Cigna Dental Health of Kansas, Inc., Cigna Dental Health of Kentucky, Inc., Cigna Dental Health of Maryland, Inc., Cigna Dental Health of Missouri, Inc., Cigna Dental Health of New Jersey, Inc., Cigna Dental Health of North Carolina, Inc., Cigna Dental Health of Ohio, Inc., Cigna Dental Health of Pennsylvania, Inc., Cigna Dental Health of Texas, Inc., and Cigna Dental Health of Virginia, Inc. In Texas, the insured dental plan is known as Cigna Dental Choice, and this plan uses the national Cigna DPPO network. "Cigna Home Delivery Pharmacy" refers to Tel-Drug, Inc. and Tel-Drug of Pennsylvania, L.L.C. Policy forms: OK – Indemnity/DPPO: HP-POL99 (CHLIC), DHMO: POL115 (CHLIC); TN – Indemnity/DPPO: HP-POL69/HC-CER2V1 et al, DHMO: HP-POL134/HC-CER17V1 et al (CHLIC). The Cigna name, logo, and other Cigna marks are owned by Cigna Intellectual Property, Inc.

830532 h 09/22 © 2022 Cigna. Some content provided under license