



BLUE MOUNTAIN RECOVERY

HOUSE RULES

Prior to admittance into a Blue Mountain Recovery home, an applicant must review and agree to the following House Rules. Upon admittance into a Blue Mountain Recovery home, a Resident must at all times follow the House Rules. In the event any of the House Rules are violated, the Resident Handbook shall set forth the process of handling violations.

1. This is a clean and sober facility – drug and alcohol use of any kind is strictly prohibited. Any violation of this rule will be cause for immediate discharge. This is non-negotiable.

Prior to Admission

2. All potential residents must have attained a minimum of 30 days clean and sober prior to admission. (5 days if entering from a detox facility).
3. All potential residents must not be classified as sexual or violent offenders.
4. All potential residents must be willing to sign a release for a criminal background check.

During Residency

5. Resident will abide by all terms and conditions as set forth in the Resident Lease Agreement and Resident Handbook.
6. All residents are required to submit to random drug and alcohol screening upon admission and at anytime upon demand. Refusal to provide UA or PBT (breathalyzer) will be consideration a violation of these House Rules.
7. If drug or alcohol use is suspected, staff will investigate the suspected use. A special house meeting may be called among the staff members and residents to discuss the circumstances. If a majority vote confirms suspected use, staff may agree to take further action including drug testing, loss of privileges, and or action as Blue Mountain Recovery deems appropriate.

8. Blue Mountain Recovery reserves the right to conduct random, unannounced room inspections. Discovery of illicit substances or contraband may result in immediate discharge and the filing of police reports. For purposes of clarity Contraband items include, but are not limited to: drugs, drug paraphernalia, alcohol, weapons of any kind (guns, knives, bows, etc.), pornographic material (pictures, magazines, videos) on paper, video or electronic devices/phones, sexually explicit or drug-related material (clothing, pictures, etc.), any material that is rude or offensive.
9. Attendance to all aftercare appointments and meetings is mandatory for a resident to remain living in a Blue Mountain Recovery home.
10. All residents must obtain a verified sponsor within the first thirty (30) days of residence with Blue Mountain Recovery. The sponsor shall be verified by the house manager. Residents must establish a Home Group. All residents must participate in 90-90.
11. Disruptive behavior is not tolerated. Any behavior which is deemed by staff to be detrimental to the serenity and recovery of any resident is strictly forbidden. These acts include, but are not limited to: verbal threats, sexual harassment, physical violence, destruction of property and/or intimidation of any manner. Aggressive behavior towards anyone or anything is not permitted.
12. Relationships with others in the house should strictly reflect a family type or friendship type relationship. Association with other residents or staff members in a non-family way (romantic, intimate or sexual manner) may be cause for discharge.
13. Blue Mountain Recovery is not responsible for lost or stolen property. If you have anything of significant value, do not keep it here (electronics, jewelry, excess cash, etc.). Theft is not tolerated. This offense will result in immediate discharge.
14. Any household items that are broken or damaged by a resident must be replaced. Damage to building structures, equipment or appliances must be done by a professional that has been authorized by Blue Mountain Recovery staff and paid for by the resident. Any intentional damage or destruction to Blue Mountain Recovery property or the home will not be tolerated and may result in immediate eviction and loss of security deposit.
15. Attendance at the weekly house meetings is mandatory. Weekly house meeting begin at approximately 10am every Sunday (unless otherwise announced). Only extreme cases, such as serious illness, family emergency, vacation planned in advance, etc., will be acceptable as a reason for missing a weekly house meeting. Residents shall provide the house manager advance notice and shall obtain the approval of the house manager before missing a weekly meeting.

16. Any Resident on parole or probation must follow all of the terms of their parole/probation. Anyone who breaks the law or commits a criminal offense while a resident of a Blue Mountain Recovery house may be evicted immediately.
17. No push pins or any other device that will cause damage to a wall, door, or other house surface.
18. Always lock all doors when leaving the house.
19. No house member will enter anyone else's room at any time – No exceptions.
20. All immediate terminations automatically forfeit security deposit and any pre-paid rent.
21. Overnight passes are earned based upon compliance with these House Rules. A \$10 fee is required for a drug screen test when a resident uses an overnight pass. Overnight passes are to be approved by the House Manager. Overnight passes are granted by the House Manager.
22. No Pets. No halogen lamps, candles, incense or other open flame fire hazards are allowed
23. No smoking or loitering in front of the house. No smoking in the house at any time. Smoking is only permitted in the back. Always discard your cigarette butts in a proper manner.
24. Good hygiene of Residents is required. Residents should shower and brush their teeth daily. Residents are encouraged to make their beds every day.
25. Residents are responsible for the storage and administration of their medication. Medication may not be kept in common areas and must be kept in a locked box, out of sight of other residents. Medication must be taken privately and never in common areas. Do not leave medication on counter tops or dressers. All medications that are prescribed, must be taken per the prescribing doctor's instructions. Any new medications prescribed, staff must be notified immediately. If new medications are discovered without proper notice to staff, resident may be subject to immediate discharge.
26. Residents are responsible for the purchase and preparation of their own snacks and meals. Label your food and drink. If it is not yours, do not eat or drink it. Bathrooms must be cleaned on a scheduled basis. A rotating schedule will be posted as needed. Failure to complete your assigned day may result in a denial of overnight passes or other ramifications as Blue Mountain Recovery deems fit.

27. Bedrooms AND common areas to be kept clean and tidy at all times. Quiet hours are at 10 PM every night. The noise level in the house must be acceptable to EVERYONE in the house. **At midnight on every night of the week, all televisions, radios, iPods, computers, etc. must be turned off and residents in bed.** No yelling, screaming or excessively loud music/TV. When playing music in common areas, the type of music should be generally acceptable by others and not excessively loud.
28. Every Saturday is general housecleaning by all residents from 8am until completed or a designated time. General housecleaning is mandatory for all residents unless prior arrangements have been approved by the staff. Residents should not request a pass during these hours for frivolous reasons.
29. Computers are permitted, however, pornographic or gambling sites are strictly prohibited. Also, no illegal downloading of music, movies, or other data.
30. Curfew: Every resident must be in the house by 11pm every weeknight, and by 1am on the weekends.
31. Residents are not allowed to visit a bar of any kind, club of any kind, or adult oriented business of any kind.
32. Residents are not permitted to have guests.
33. The thermostat is to be adjusted by the House Manager only.
34. Residents are not permitted to have females or intimate partners in their room.
35. You will be sharing a bathroom and hot water heater with several other residents at one time; please be thoughtful of your housemates. Residents are not to take baths or extended showers.
36. After discharge, residents have three days to remove all of their personal belongings from the house. Personal items left by discharged residents will be held in the office for seven (7) days and then donated to a local thrift store if not picked up. Residents are responsible for making arrangements with staff in advance for the pick-up of their personal belongings.
37. No resident is to repair or attempt to repair any part of the house. If there is a maintenance problem please notify the House Manager. If the repair or problem needs immediate attention, the House Manager should be notified immediately.
38. The kitchen must be kept neat and clean at all times. Clean up after yourself and put things back where they belong. Wash, dry, and put away your dishes immediately and clean off the surface if need be. Do not store cooked/prepared food in plates, cups and pots/pans, unless permission has been granted by the

house manager. Food must be stored in the fridge in a Ziploc bag or Tupperware container.

39. All residents should have a job and if a resident does not have a job, he should actively be seeking employment and until employment is retained he is required to fill out a daily tracker, outlining what he does each day and must have proof of actively seeking employment. Residents who are jobless must spend from 9:00 am to 3:00 pm seeking employment.
40. Chores: Each resident must complete daily or weekly chores on time and chores are to be done completely. Daily/weekly chores will change every week. The house manager will decide what your chores are, post them, seek to distribute chores as equally and fairly as possible, and ensure they are being performed. In the event chores are not completed, a resident may lose certain privileges and or be fined up to \$5.00. If a resident continuously fails to perform his chores, Blue Mountain Recovery may take further action as may be required in their sole discretion, including eviction.
41. Common areas should be kept neat and clean at all times. Do not move or rearrange any furniture in the common areas or dorms without staff approval.
42. Laundry hours are from 8:00 am to 8:00 pm. Do not leave laundry unattended and be prompt in removing your clothes from the washer and drying as soon as it is finished. A laundry schedule sign-up sheet may be used if needed.
43. Good relations are to be maintained with our neighbors. Please conduct yourself as such and be respectful. Any and all potential disputes should be immediately reported to the house manager. Do not enter the neighbor's property and/or house.
44. The house manager is in charge and his instructions will be followed. All rent, fees, or fines must be paid to the House Manager.
45. Grievances: Please file a grievance only if you feel you have exhausted all other forms of discussion or compromise. Once written out you must personally hand this document to the house manager, and they will attempt to resolve the issues. If there is no agreement reached at the time, Blue Mountain Recovery directors will respond to the grievance in 48 hours unless a more immediate response is required..
46. Grievance forms and drop box is located in manager's office. Please review grievance policy and procedure on bluemountainrecovery1.com
47. If an issue arises that is not addressed in these House Rules, do not assume you know the answer and ask the house manager before acting.
48. House rules may be subject to change at the discretion of management.
Residents will be notified of changes at the next house meeting following change.

49. Residents in violation of any house rule may be subject to immediate discharge.

50. WELCOME HOME TO BLUE MOUNTAIN RECOVERY!!

Signature: _____ Date: _____

Name: _____

Witness: _____