



Bike-a-thon Fundraiser

We want you all to see what Candice and Trevor are doing to promote MCCH. Candice writes: Hello friends and family!

Hope this finds you doing well. For those of you who don't already know, we (Trevor and Candice) are on the Canadian board for Mercy and Caring Children's Homes (MCCH). MCCH is a home and school for vulnerable children in Kitale, Kenya. The project was founded about 15 years ago by a couple from Candice's home town of Gibsons, BC. Since its humble beginnings in 2001, the home has become a place where approximately 100 children live and receive education.

We spent this past January in Kenya at MCCH. While we were there Candice worked on a new website for the charity and Trevor took lots of photos and also made a promotional video for them. Check them out on our new website. (http://www.mercyandcaringhomes.com)

Now that we're back in Canada, we wanted to find a way to continue to help MCCH.

We spent some time brainstorming about different fundraising ideas and found that most of them didn't really appeal to us. We don't really like public speaking, we don't really like calling strangers and we aren't too fond of organizing events. And then we started thinking, well, what do we like to do?

We like to ride bikes!

So here is the plan. We have mapped out a 250km route that we and some equally crazy friends are going to ride in one day. The hope is that our friends and family will agree that this ridiculous undertaking is worthy of some financial support. All funds raised will go towards the most pressing needs at MCCH: Cementing the floor for the girls' dorm as it has holes and is not sanitary Stocking the library with textbooks Building maintenance-paying for the High School science lab Any other needs that may arise-5 more 90 Kg bags of maize, are needed NOW. The ride will start in Victoria and pass through Duncan, Lake Cowichan, Port Renfrew, Sooke and loop back to Victoria. This is a ride, not a race, so the hope is that all eight of us will be able to finish together.

If you are interested in supporting this cause please go to www.mercyandcaringhomes.com and to the donate page. Please specify that your donation is intended to go towards the 2017 biking fundraiser.

Every little bit counts and we appreciate your support!

Thank you!

Trevor and Candice Engh

For more information: nancy@mercyandcaringhomes.org or call 604-870-0352 or simply send your MCCH cheque to our treasurer whose address is at the bottom of this email, mentioning bike-a-thon.



Here is the route.

