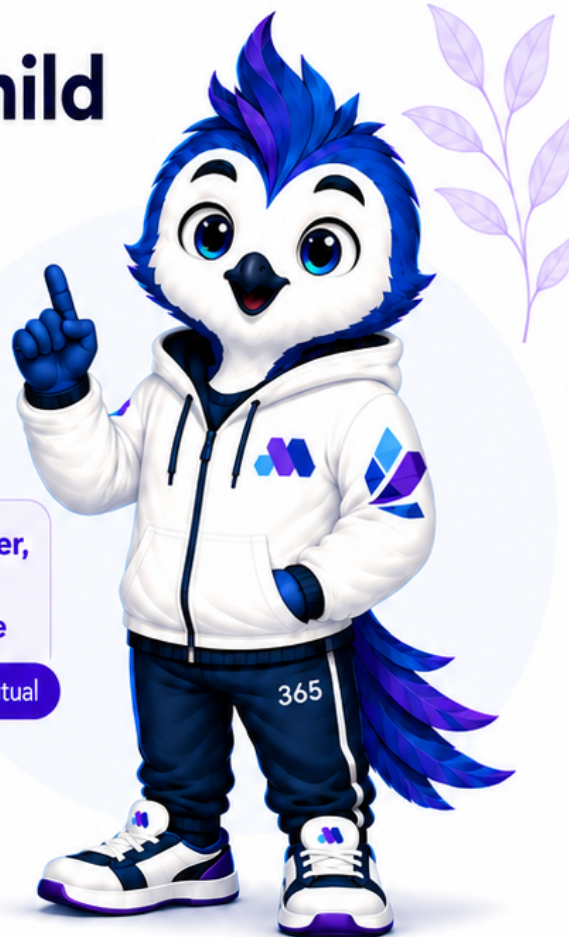


Grandparent + Grandchild Weekly Connection Keepsake-Journal

*A 7-week faith-friendly journey of
connection, purpose, and small
meaningful change*



“ *Microchange leads to
substantive change.* ”
— Edward L. De La Loza



**Week 4: Wonder,
Meaning, and
God's Presence**

7-DTL Focus: Philosophical/Spiritual

1



Our Weekly Focus (7-DTL)

This week we focus on the
Philosophical/Spiritual dimension:
growing in faith, meaning, values,
and awareness of God's presence
in everyday life.

2

Together Check-In

How do we feel today?



Happy

☐


Calm

☐


Curious

☐


Peaceful

☐


Worried

☐


Sad

☐

Today we may need:



Quiet

☐


Prayer

☐


Listening

☐


Encouragement

☐


Patience

☐


Time Together

☐

3

Small Microchange We'll Practice

This week, our small step is:

*Noticing one place God may be near
and sharing one short thought or
prayer about it.*



4



Opening Prayer Together

Dear God, open our hearts to Your
wisdom and peace. Help us notice Your
presence in our day, ask good questions,
and walk together in faith. Bless our time
and guide our thoughts with love. Amen.



5



Share One Small Moment

Something small that happened this week that helped us notice God, wonder, or meaning:



Grandparent may write while your grandchild shares — perhaps saying, “I love the way you noticed that. God may be teaching us through your words. Let me write this down so we can remember what your heart is seeing.” Or, “That is a beautiful thought about God. Thank you for sharing it with me — your ideas help our faith grow.”

6



Draw It!

Draw a picture of a moment when we noticed God’s beauty, peace, or presence.

7



Grandchild Space

My words:



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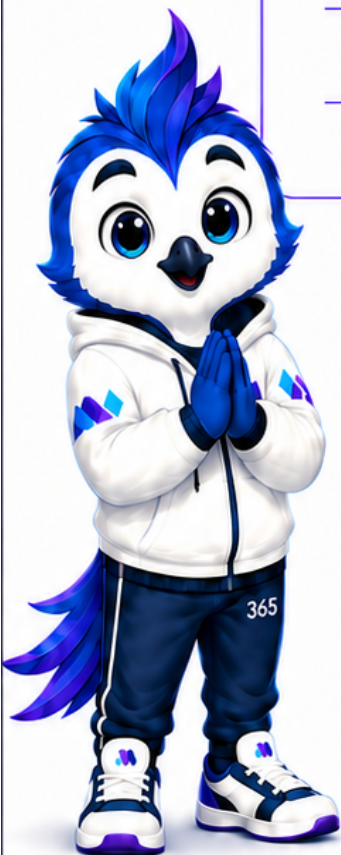
Faith Reflection & Prayer

This week's Scripture

"Be still, and see that I am God."

— Psalm 45:11

What does this mean to us?



9



Gratitude & Blessing

We are grateful for:

- ---
- ---
- ---

Let's pray a blessing for our week together:

Lord, thank You for walking with us. Fill our hearts with wonder, wisdom, and peace. Help us listen for Your voice, choose what is good, and see Your love in each day. Keep our family close to You and to one another. Amen.



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10



Today's Shared Microchange

Today, we will: _____

How it helps: _____



11



Wonder + Prayer Note

One place we noticed God or one big question we carried today:



God is near to us.
When we pause, wonder, pray,
and pay attention, our hearts grow
in faith, meaning, and peace.



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12



Our Week 4 Memory

A picture of us this week!



One word that describes our week together:



Thank You, God, for this week!



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