

# The Path of Healing - What is Necessary and How it Occurs

## For Individuals:

- Come with questions
- Be open to what arises - you may not be aware of everything that is at work or has transpired in past lifetimes
- Be ready to be made new. This is for your growth and evolution
- This process requires an openness and willingness to do whatever work the soul is in need of in order to transform
- This means letting old wounding, traumas, negativity and egoic consciousness of any kind to come up and be dealt with
- Emotions must be expressed as they arise as this is key for your health. Ample time must be given to process what transpires
- Guidance will be provided on how to do this

## For Working With Those in Spirit:

All of the above and -

- This is for the healing of the soul for all involved. One may not know or be aware of the depth of what has transpired in the relationship(s)
- Completion of the karmic bonds from previous lifetimes is possible
- This will be done with great Divine Love and Guidance - the timing has to be guided freely as it can be unpredictable. It will be decided when to stop and when to resume for the well being of all involved