



Griffin Recovery Enterprises Presentations

1. Understanding the Culture of Recovery

This presentation will provide attendees with a clear definition of recovery and a better understanding of the culture of recovery. Twelve Step groups are the most popular and the most available forms of ongoing recovery support in the community. However, most people do not have a great understanding of the distinct norms and values of the culture. The presentation will cover the stages of recovery and how they overlap with the stages of change and the transition process into the community. Attendees will leave with an understanding of the meanings and expectations of each Step and other components of 12 Step recovery (sponsorship, service work, etc.) In addition, attendees will leave with specific tools to help them better support the participants in achieving long-term sobriety.

Objectives:

Participants will:

- Have a better understanding of recovery and how to best support their participants in their recovery
- Have a better understanding of the Twelve Step culture and the Twelve Steps
- Leave with new skills and tools that improve their effectiveness in supporting the recovery of participants

2. The Missing Peace: Men and Trauma

Men and women experience, respond to, exhibit the symptoms of and recover from trauma differently. Therefore, the interventions and treatment services we provide to men must also be different. Client-centered treatment cannot mean avoiding the systemic impact of gender



on our clients - male and female identified. Many treatment professionals may be unintentionally re-traumatizing male participants thereby increasing their risk of failure in the program. This presentation offers practical guidance and tools for professionals working with men in navigating these challenging areas.

Objectives:

Participants will:

- Demonstrate an understanding of how the four core areas of: Self, Relationships, Sexuality, and Spirituality impact a man's recovery and key issues within each core area.
- Differentiate the way that men experience, process, exhibit symptoms of, and recover from trauma from women's experience.
- Practice exercises and use immediately in their workplace to enhance their clinical competence in the four core areas.

3. What Do We *Really* Think Of Fathers

This provocative presentation explores a unique perspective on fathers and how the unconscious biases that we carry with us and that exist in various parts of the system impact how we treat and support fathers. As men and women experience, respond to, and recover from trauma differently, the importance of trauma-informed services and gender-responsive programming will also be addressed. This unique presentation also offers practical guidance and tools to better support dads in community-based and child protective services.

Learning Objectives:

1. To better understand how trauma affects men
2. To identify 3 key biases often present in child protective service agency policies and service delivery



3. 4 new strategies in engaging fathers in services and support

4. The 5 Cs - Enhancing Team Coordination and Collaboration

This workshop explores the five important elements to creating effective teamwork: Collaboration, Communication, Conflict Resolution, Crisis Management, and Cross Training. Beginning with the stages of team development the presentation then looks at common challenges teams face in being able to operate at peak performance using these five critical skills. Bringing the offbeat humor for which he is known, Dan provides a thought-provoking presentation while also giving attendees some practical skills to immediately implement to improve team functionality.

Objectives:

Participants will:

- Attendees will have new tools and skills to apply to how their team functions and how they function as a team members
- Attendees will be able to identify the stages to team development and tools for each stage
- Participants will have a better understanding of how family roles and family system dynamics affect them and their role on a team

5. The Rules Have Changed: Why Gender Matters and What We Need to Do About It

For years we have talked about the importance of gender in treating addictive disorders. However, the vast majority of that has been focused on the experience of girls and women. Finally, the conversation on gender and trauma has expanded to include the experiences of boys and men. But now it is changing even more as we expand our understanding to include non-binary and trans individuals. This presentation explores



the complexity of gender, gender relations, and addiction treatment through the primary constructs of the Man Rules and the Woman Rules. The presentation will also analyze how the gendered experience of trauma affects our lives individually, our relationships, and our experience of community. The Rules have changed and our evolving understanding of gender is transforming our experience of our humanity.

- Understand and identify the emerging paradigms of fully integrated gender informed practices.
- Recognize the “Rules” that apply to being a man or a woman subscribed by our culture and by society.
- Determine how gender responsive and gender informed practices can enhance the effectiveness of addiction services.

6. So You Think You’re Trauma-Informed? Maybe...

As the term trauma-informed has become more and more prevalent in the addiction and mental health world the full understanding and implementation of trauma-informed services can become diluted. Token representations of fully developed and comprehensive systems of care can actually cause harm and certainly fall short of the full realization of trauma-informed systems. This provocative presentation provides a comprehensive overview of trauma-informed systems of care and all of the necessary elements including the overarching paradigm of Values Based Services.

- Articulate the model for values-based services
- Provide a comprehensive overview of the elements of trauma-informed care
- Provide effective tools to help your program move toward being fully trauma-informed



7. Working with Men more Effectively

Even though approximately 70% of the people that go through treatment annually are men, the majority of professionals have not been trained to effectively work with men. Client-centered treatment cannot mean avoiding the systemic impact of gender on our clients - male and female identified. Furthermore, looking at the intersection of gender, trauma, race, class, and other issues identifies the complexity of gender-responsive services for males. Many treatment professionals may be unintentionally re-traumatizing male participants thereby increasing their risk of failure in the program. This presentation is a comprehensive exploration of trauma and men's experience of trauma with opportunities for attendees to practice clinical engagement skills as part of the training.

- Understand the impact of male socialization on the treatment and recovery process.
- Explore the four core areas of the male experience: self, relationships, sexuality, and spirituality.
- Differentiate the way that men experience, process, exhibit symptoms of, and recover from trauma from women's experience.
- Practice exercises to use immediately in their workplace to enhance their clinical competence in the four core areas.

8. Men, Trauma, and Violence

Can you imagine a world without violence? What would it take for that to be a reality? The burden of the realization of such a vision falls more on the shoulders of men than anyone, especially men of privilege. Could we ever possibly end men's violence and abuse without addressing male trauma? Absolutely not. Yet the majority of conversations, research, and clinical interventions do not seem to truly appreciate this inextricable link. The challenge in having this conversation is that some



rightly fear that trauma will be used as an excuse for violence. Clearly, that is unacceptable. But how can we attempt to understand much of the violence that men commit without understanding the role that trauma may play in the development of that behavior. Men are not the problem, despite a lot of the rhetoric in our society today. How men have been raised – by men *and* women - *is* the problem. The problem is how much violence and emotional castration is endemic to how boys are raised, still to this day. The problem is how sex, sexuality, and intimacy have been corrupted for boys and men, and are often interwoven with control, power over, homophobia, violence, and the objectification of women. There is never an excuse for violence or abusiveness. No matter what the explanation for a man's struggle to connect in peaceful and healthy ways and create loving and intimate relationships, he must be responsible for his behavior, for his healing, and doing the work it takes to overcome the negative effects of gender conditioning and trauma. But how can we ever expect to end violence if we do not truly understand its complexity? We will never end the cycles of trauma and violence that are hurting and haunting so many of our communities until we are willing to have the really difficult and complicated conversations. This unique and provocative presentation seeks to be a step in that direction.

- Explore the deep intersection of male socialization, power, control, and violence
- Differentiate the way that men experience, process, exhibit symptoms of, and recover from trauma from women's experience.
- Explore the complex interaction between men's desire for connection and intimacy and the deep socialization of disconnection and trauma that interrupts it.
- Discussing the all of the healing possible for men in their lives and relationships



9. The Four Horsemen: Navigating the Inextricable Connections Between Trauma, Shame, Mental Health, and Addiction

Due to our advanced understanding of addiction, mental health, shame and trauma it is important to discuss how the four phenomena are distinct and also intricately related to one another. Unfortunately, too often our field discusses them as if they exist separately or focuses on one without considering the complex interaction with the others. This unique and provocative presentation challenges us to see the whole forest and create interventions accordingly.

Participants will:

- Gain a full understanding of the four phenomena: addiction, mental health, trauma, and shame
- Articulate the impact and limitations of dealing with the four phenomena in isolated or non-wholistic ways
- Explore effective interventions for addressing the co-occurrence of all four issues



Training Titles

The following titles are comprehensive curriculum trainings from our groundbreaking catalogue. These trainings are four days long and are unique experiential workshops that challenge our attendees professionally and personally:

- **Helping Men Recover** (4 days) – \$20,000: this newly revised groundbreaking curriculum was the first men's trauma-informed addiction curriculum. With new sessions and new exercises, this training will not only teach attendees how to implement the curriculum and it will give a whole new appreciation for the challenges and opportunities working with men.
- **Amazing Dads** (4 days) – \$20,000: this is the first trauma-informed curriculum for working with dads. The four-day training explores many of the topics of fatherhood that people don't often address that are critical to helping fathers establish healthy and healing relationships with their children and themselves.
- **Healing Men's Pain** (4 days) \$20,000 – this comprehensive and groundbreaking curriculum, meant as a compliment to Helping Men Recover, explores multiple facets of the intersection of masculinity and trauma. The curriculum is designed so that it can be used partially or in its entirety according to the duration of your program.
- **Amazing Moms** (4 days) – \$20,000 – COMING SOON - The four-day training explores many of the topics of motherhood that people don't often address that are critical to helping mothers establish healthy and healing relationships with their children, themselves, and their partners.



- **Healing Women's Pain** (4 days) \$20,000 – COMING SOON - this comprehensive and groundbreaking curriculum explores multiple facets of the intersection of femininity and trauma. The curriculum is designed so that it can be used partially or in its entirety according to the duration of your program.