

## We Flourish: Platinum Pilates Gym

Enhance resident satisfaction and promote active aging with state-of-the-art Comprehensive Pilates gyms

Attract discerning buyers with our top-of-the-range Pilates services

Reimagining Prime: Active Aging for a vibrant 70s and Beyond Harness the benefits of comprehensive Pilates for older populations

## Why The Platinum Pilates Gym?

50% of over 65's experience, falls. Poor physical fitness can lead falls to cause serious injury, longer healing times, decreased independence and quality of life and, for your company, increased operational costs. Work with us to improve your residents strength and fitness, maintain their independence and keep falls from increasing your business costs.

## -Consultation and design

- -Install and launch
- Our Comprehensive Services
- -Management, staffing and day-to-day running of classes and tailored programmes

The Pilates gyms are tailored specifically for older adults, promoting active aging and creating a vibrant and thriving community.

## Invest in Wellbeing

Investing in a Platinum Pilates studio is an investment in the health and happiness of your residents. Our services promote physical wellness, social interaction, and a sense of community. Our bespoke Pilates gym solutions are designed to enhance the appeal of your retirement community, providing residents with access to premium fitness and wellness facilities.

Find out More

Ready to stand out in the market by offering a unique selling point that boosts property sales and resident satisfaction? Schedule a consultation and discover how We Flourish can bring the benefits of a comprehensive Pilates gym to your retirement community

Email: Phone: